

The Church of the Sacred Heart

The Mother Church of East Central Minnesota



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Rush City, MN 55069**

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Pastor:

Fr. Shane Stoppel-Wasinger

Weekend Assistants:

Fr. Chuck Brambilla

Fr. Thomas Fitzgerald

Liturgy of the Eucharist:

Saturday @ 4:00 pm

Sunday @ 9:00 am

Weekdays:

Wednesday @ 9:00 am

Adoration of the Blessed Sacrament:

Every Wednesday after 9:00 am Mass

Sacrament of Reconciliation:

First Saturday of each month @ 3:15 pm – 3:45 pm

Or by appointment

Office Hours:

Tuesday, Wednesday and Thursday @

8:00 am. - 1:00 pm.

Mission Statement

Sacred Heart parish is a community of Catholic Christian believers, established by the Archdiocese of St. Paul and Minneapolis. We strive to grow in holiness through prayer, celebration of the Eucharist and other sacraments, and reflection on the scriptures. We work hard to build the kingdom of God through evangelization, catechesis and service for all.

Fourteenth Sunday in Ordinary Time, July 7, 2019

sacredheartrcmn.org

LIVE THE LITURGY

INSPIRATION FOR THE WEEK

Jesus tells his disciples, "I am sending you like lambs among wolves." Getting people to see the truth about who they are is not always easy or welcomed. Some people want to believe that they have life under control and they do not need any further advice, direction, or challenge from others. Being heralds of the Gospel means doing precisely that. We come with a message that is not always welcome or desired by our sisters and brothers. Yet, it is desperately needed.

People need to be reminded of who they are, who God is, and the necessity of repentance for entering the Kingdom of God. It is not about what we want but what God wants. We are called to be peacemakers and laborers for justice and mercy. Are you willing to bring this challenging message to those who may be indifferent or even hostile to hearing it?



"Behold, I have given you the power to 'tread upon serpents' and scorpions and upon the full force of the enemy and nothing will harm you. Nevertheless, do not rejoice because the spirits are subject to you, but rejoice because your names are written in heaven." - Lk 10:19-20



GOSPEL MEDITATION -

ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

This Sunday, Jesus reminds us that "the harvest is abundant but the laborers are few." As Catholic disciples, we are the laborers that the Master is sending. All around us are opportunities to share the love and mercy of Jesus Christ - our homes, our workplaces, our neighborhoods, even our faith communities! Lest we feel unequipped for the task, Jesus gives us some advice.

"Carry no money bag, no sack, no sandals." We might not have a theology degree or training in public speaking, but that doesn't mean we can't share the Gospel. The power of God is at work in simplicity. The disciples went forth with nothing as a reminder to trust in the Providence of God. Say a little prayer that God will speak through you and has a need for your gifts, just as you are.

"Do not move about from one house to another." So much of the life of Jesus was about relationships. He modeled this attitude by journeying with his disciples. Here he makes the same recommendation to them, to remain with the same family for their entire stay in the town. Break bread with others. Invite them to coffee or a game night in your home. Sharing your faith isn't just about saying the right thing, but loving well over time.

"The dust of your town that clings to our feet, even that we shake off." Sometimes we want to help someone, but for whatever reason, they don't receive it well. Sometimes people aren't interested in our efforts to invite them deeper into faith. When rejection happens, don't carry it with you. Don't let it over-burden your heart. Rejoice that you share in the mission of Christ, and keep on loving the next person he places in your path!

ON 1A1, PATIENCE AND GARDENING



For those who are unfamiliar with highway 1A1, in Cocoa Beach, FL, please let me explain to you. The only highway that goes completely through Cocoa Beach is 1A1. If 1A1 is heavy with traffic; certain times during the day and year, traveling time from point A to point B can easily be doubled.

Typically, when I went to Our Savior's Catholic Church in the morning for Mass leaving at 8:15 a.m., the time to get there was less than ten minutes. On the other hand, coming back after a weekend Mass took twice as long to return to my apartment. After a month or so I knew the traffic pattern as well as how long I would have to wait at a typical stoplight. I learned to be patient as I knew that there was nothing I could do to expedite my journey on this highway. At one particular intersection of 1A1 and Florida Highway 520, I realized that if I just missed the green light, my wait would be rather long. At first, I cursed the stoplight and wait time coming home all upset.

However, after a while, I discovered that if I would be patient and accept the delay, by the time I arrived home, I would be in a good mood. By the end of my four months stay in Cocoa Beach and the countless trips on the 1A1, my patience traveling along the highway spilled over to other areas in my life. Take for example, my working in my vegetable garden.

Unlike years past, I have done all the planting, well almost all. Furthermore, while working in my garden, I would use extra effort and time to plant, water and weed. Taking my time increased my patience. As I write this at the end of June, my patience has indeed paid off. Since I carefully and slowly planted my radishes and leaf lettuce, I have had a great crop. My three variety of potatoes, green peppers, green beans, carrots, beets, broccoli and brussel sprouts are looking fantastic. With the eight tomato plants, I dug deeper holes and filled with some fresh topsoil before placing the stocks into the garden. As a result, I think that I will have abundant crops of different types of tomatoes.

The cucumbers, cantaloupes, and pumpkins are all growing incredibly well, thus I anticipate having plenty of fruit from these plants. Yes, more patience in my life, is producing wonders in my garden. For me, patience is accepting what is happening to you at the moment and surrendering to the situation.

How is your patience these days? Do you need to work on this beneficial quality? While most can't spend the amount of time that I did this past year traveling on 1A1 learning how to be more patient, you can obtain more patience by accepting what is happening around you, giving up trying to control every minute of your life, and let God take the wheel.

Have a blessed summer week, Father Shane

Celebrants

Wednesday, July 10th

Fr. Shane Sacred Heart 9:00 AM

Saturday, July 13th

Fr. Shane Sacred Heart 4:00 PM

Fr. Chuck St. Gregory's 5:00 PM

Sunday, July 14th

Fr. Shane Sacred Heart 9:00 AM

Fr. Chuck St. Gregory's 9:30 AM

"In whatever direction we go, [God] is there before us, calling to us and coming to meet us." | Henri de Lubac

Liturgical Roles

Saturday, July 13 at 4:00 pm

Lectors: Jeremy Albright

Communion: Mary Stenger, Ginny Thorn

Gifts: Stenger Family

Ushers: Dick Ordner

Servers: Don Kirchberg

Sunday, July 14 at 9:00 am

Lectors: Al Walz, Broderick Larson

Communion: David Prickett, Audrey & Clarence Larson

Gifts: Prickett Family

Ushers: Dennis Kaufmann, Rodney Swanson

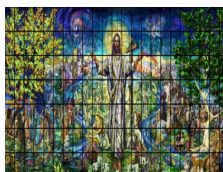
Servers: Alexis Ertz, Brayden Ertz

Needing our Prayers

When you Pray, God Listens. When you Listen, God Talks. When you Believe, God Works. ~Unknown

Tony Lenneman
Erika Matzke-Stoltz
Danielle Peter

Sue Roth
Jim Kirchberg



Mass Intentions



July 13th † Ricard & Marcella Kernen

July 14th † Mary Rolhf

July 17th Open

Financial Update

Totals for the weekend of: 6/30/19

Plate 262.47

Envelopes 1406.00

Peter's Pence 394.37

Total: \$ 2062.84

Thank you for your generosity !



S.H Rosary Devotion

Rosaries Said:

6/30: 30

To Date: 1552



News

DON'T FORGET YOUR PARISH

The summer months are truly a time for us to enjoy the wonders of God's creation. When you are away on vacation, please remember how important your weekly offering is to your parish. As you are planning your vacation, remember to add "mail in offertory envelopes" to your "to do list" or drop them off to the Church office. Thank you for your continual support.

5 WAYS TO STAY HEALTHY WHILE TRAVELING

As you take to the air, road, or track this summer, make nutrition a top priority. Your body will thank you, and it will give you the energy you need to enjoy your time wherever your travels take you.

1. Pack Healthy Snacks

Dining while on the go usually translates to getting a quick hunger fix that involves processed, high-fat foods. Apples and nut butter, pretzels and hummus, and dried, no-sugar-added fruit are a few healthy options.

2. Lighten your Luggage

One easy way to lighten your load is to condense cumbersome toiletries. Look for personalized vitamin subscription services, like Vitamin Packs (www.vitaminpacks.com), which combine customized dietary supplements into individual daily packs that can easily tuck into your carry-on luggage.

3. Don't Forget Essential Nutrients

In addition to nutritionally rich go-to snacks, pack a multivitamin that delivers essential nutrients.

4. Keep Your Blood Flowing

Long periods of sedentary travel can lead to blood clots. Before you go, check with your doctor about adding an omega-3 supplement to your diet to maintain healthy blood flow.

5. Hydrate. Hydrate. Hydrate.

Water should be your No. 1 travel companion. Pack a reusable water bottle, so you can quickly fill up at water fountains located in airports, train stations, and bus stops.



Changing THE WORLD



ST. BENEDICT

Feast of St. Benedict

Have you ever wanted to change the world? 5th century Europe was a dark place. The Roman Empire had fallen, and barbarian tribes were picking over the scraps of what remained. Faith hung on, but there was no consistent, coherent Christian culture in the world around.

Young Benedict began his life with education and privilege but became disillusioned by a life pursuing material success. He withdrew to a monastery and spent much time in solitude. He began attracting followers, whom he organized over time into 12 monasteries, with a 13th established to train young monks. He wrote a rule of life including basic principles for living as Christ. His monks took three vows: conversion to Christ, obedience to the local abbot, and stability to remain with the community.

Benedictine monasteries became lights in the darkness, secure centers of Christian culture enlivening the faithful beyond their walls. When the world around us seems complicated and contrary to the Gospel, how will you be a light?