

Welcome to The Church of the Sacred Heart

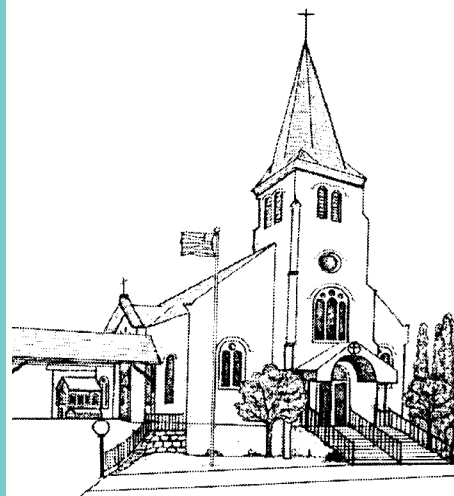
The Mother Church of East Central Minnesota

Parish Office / Mailing Address:
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THE ONE WHO HAS HOPE

LIVES DIFFERENTLY; THE

ONE WHO HOPES HAS

BEEN GRANTED THE

GIFT OF A NEW LIFE.

—POPE BENEDICT XVI

Weekend & Weekday Masses

Saturday-Temporarily Suspended
Sunday 9:00 am
Wednesday 9:00 am

Private Prayers:

Wednesdays, Thursdays and Sundays-
8:30-Noon

Adoration of the Blessed Sacrament:

Every Wednesday after 9:00 am Mass
until Noon

Sacrament of Reconciliation:

Confessions will be heard by request
after mass on Wednesdays or
by appointment.

Clergy

Pastor:

Fr. Shane Stoppel-Wasinger

Assisting Priest:

Fr. Chuck Brambilla
Fr. Thomas Fitzgerald

Office Hours:

Tuesday, Wednesday and Thursday
8:00 am. - 12:00 pm.

Parish Staff Contacts

Admin Asst: Marsha Marcussen
Bookkeeper/ Music: Steve Yurick
Faith Formation: Claire Kind
Minister Scheduling: Amy Prickett
612-716-9147

Eighteenth Sunday of Ordinary Time August 2, 2020

This Week's Reflections

(This week's article was written by Christina Capecechi, a freelance writer. It appeared in the July 16, 2020 issue of The Catholic Spirit, which is the official newspaper for the Archdiocese of Saint Paul and Minneapolis.)

Tonight, I wrote two events on my calendar: a birthday party and a baptism.

They will be sanitized, scaled-down gatherings — and they will be fun — but still, it pained me to sully those blank boxes with black ink.

This stay-at-home and do-not-overschedule-your-family mandate has been a balm to my soul.

I am not the only one.

My backyard neighbors used to keep the busiest schedule. Between dance, hockey and lacrosse, the logistics of their Saturdays were dizzying. They always felt it was justified, especially when their oldest made the varsity dance team as an eighth grader.

Only an outside force, like a thunderbolt from God or an order from the governor, would bring an end to all their activities. And when it did, they were surprised by what they discovered: being home together is wonderful!

The five of them set a schedule and stuck to it. The preteens learned how to manage their time, how to cook and how to exist without their friends. They looked forward to nightly movies, riveted by "The Hunger Games" series.

"This is the best thing that ever happened to us," the mom told me.

My next-door neighbor made new discoveries too. For one, he likes to sit in the long-empty Adirondack chair on his front porch. Reading the paper and watching the kids in the cul-de-sac — "reality TV," he quipped — provides plenty of entertainment.

When nothing else normal happened, spring still came, as if for the first time. Our neighborhood hit the trails in full force, swapping routes in passing and occasionally crossing in the woods.

"Five miles!" a dad would call out.

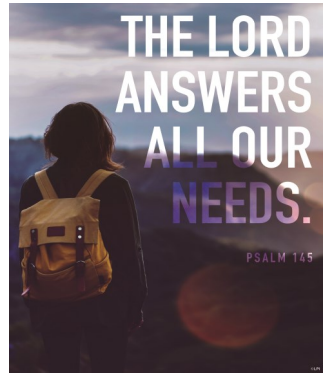
When you could not go anywhere else — churches were closed, even playgrounds were cordoned off — you could still walk in the woods. So, we did, religiously.

Henry David Thoreau would approve. One of his most famous essays, published in The Atlantic in June 1862, was titled "Walking." In language that is at once plain and snappy — and, hence, feels fresh today — he extols the "noble art" of walking: "It requires a direct dispensation from heaven to become a walker," Thoreau writes. "It comes only by the grace of God." Though many people go on walks, he notes, very few possess "a genius, so to speak, for sauntering." He goes on to explain the word's origin. When pilgrims in the Middle Ages were heading to the Holy Land, village people would inquire about their destination. The reply: "a la sainte terre," French for "to the Holy Land." And so, the pilgrims became known as "sainte-terrors" — saunterers.

The effect of sauntering is not merely physical, Thoreau writes: "There will be so much the more air and sunshine in our thoughts."

He concludes with one of his most quoted lines, an observation I have been reflecting on in the age of COVID: "In short, all good things are wild and free."

I can think of nothing wilder and freer than family and faith. The rest, the pandemic taught us, is secondary. We do not need to celebrate a birthday with a big party at a splashy complex. The sweetest gift is the chance to spend the day with those you love the most. We don't need a gym to exercise. We do not need restaurants to eat well. We do not need a vast circle to socialize. Family is enough. When all we have is each other, we have all of each other.



The Assumption of the
Blessed Virgin Mary
Solemnity and Holy Day of
Obligation is Saturday, August 15.

Masses are scheduled:

Saturday, August 15 at 9:00 am at Sacred Heart—Fr. Chuck

Saturday, August 15 at 10:00 am at St. Gregory the Great—Fr. Shane



*Because it falls on a Saturday,
the Assumption is not a Holy Day of Obligation in 2020*

BOOYA!

BOOYA SAVE THE DATE!!

Sunday, September 27, 2020!

Raffle and mainly "Take Out Booya"
Limited seating in the parish hall.

More details coming soon!

REFLECT

First Reading

Near the end of Israel's captivity in Babylon (7-538 BC), the prophet Isaiah spoke of the Lord's desire to be unimaginably generous and life-giving to his people. How has the Lord been generous in gifts to you and your family?

Second Reading

In his letter to the Christians in Rome, Paul speaks of God's inseparable bond of love for us through Jesus Christ. In what ways does this sense of God's love for us help you in times of stress and anxiety?

Gospel Reading

In the immediate aftermath of the news of the death of John the Baptist, Matthew reports that Jesus, "moved with pity," cured those who were sick in the crowds and fed the entire crowd of 5,000. How do you react toward others for whom you feel "pity"?



18th Sunday in Ordinary Time/August 2, 2020 SUNDAY'S READINGS -

First Reading:

Come to me heedfully,
listen, that you may have life. (Is 55:3a)

Psalms:

The hand of the Lord feeds us; he answers all our needs. (Ps 145)

Second Reading:

For I am convinced that neither death, nor life,
nor angels, nor principalities,
nor present things, nor future things,
nor powers, nor height, nor depth,
nor any other creature will be able to separate us
from the love of God in Christ Jesus our Lord. (Rom 8:38-39)

Gospel:

Taking the five loaves and the two fish, and looking up to heaven,
he said the blessing, broke the loaves,
and gave them to the disciples,
who in turn gave them to the crowds.
They all ate and were satisfied. (Mt 14:19-20a)



Claire Kind will be taking over the Faith Formation program for 1st through 8th grade. She also is the coordinator at St. Gregory the Great. We are still in need for a point person for Wednesday nights. Please call the office for more details.



Joan Hetherington will be the Confirmation Coordinator for the 9th and 10th grade, in addition to her responsibilities she also coordinates confirmation at St. Gregory the Great. More details about Faith Formation will be forthcoming.

We have an opportunity for someone who would like to step up to the plate and be the Funeral Luncheon Coordinator. Please contact the office for further details. Thank you.



Father God, Your Word says the prayer of faith shall heal the sick. We come to You today in Faith asking that you heal us from every sickness, disease, and illness. We receive our healing by faith. In Jesus name AMEN.

Continued prayers for:

Al Walz, Greg Walz, Sue Roth, Janet Yurick, Gerald Mollberg, Margarette Brooker, Jim Thorn, Judy Strandmark, Jim Kirchberg, Shirley Kirchberg, Traci Bartz

August 8 & 9 Celebrants

Fr. Chuck	St. Gregory	5:00 p.m.
Fr. Chuck	Sacred Heart	9:00 a.m.

August 15 & 16 Celebrants

Fr. Shane	St. Gregory	5:00 p.m.
Fr. Shane	Sacred Heart	9:00 a.m.

Mission Statement

Sacred Heart parish is a community of Catholic Christian believers, established by the Archdiocese of St. Paul and Minneapolis. We strive to grow in holiness through prayer, celebration of the Eucharist and other sacraments, and reflection on the scriptures. We work hard to build the kingdom of God through evangelization, catechesis and service for all.

