

Welcome to The Church of the Sacred Heart

The Mother Church of East Central Minnesota

Parish Office / Mailing Address:
415 West 5th Street

PO Box 45 Rush City, MN 55069

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Weekend & Weekday Masses

Saturday-Temporarily Suspended
Sunday 9:00 am
Wednesday 9:00 am

Private Prayers:

Wednesdays, Thursdays and Sundays-
8:30-Noon

Adoration of the Blessed Sacrament:

Every Wednesday after 9:00 am Mass
until Noon

Sacrament of Reconciliation:

Confessions will be heard by request
after mass on Wednesdays or
by appointment.

Clergy

Pastor:

Fr. Shane Stoppel-Wasinger

Assisting Priest:

Fr. Chuck Brambilla
Fr. Thomas Fitzgerald

Office Hours:

Tuesday, Wednesday and Thursday
8:00 am. - 12:00 pm.

Parish Staff Contacts

Admin Asst: Marsha Marcussen
Bookkeeper/ Music: Steve Yurick
Faith Formation: Claire Kind
Minister Scheduling: Amy Prickett
612-716-9147



Nineteenth Sunday of Ordinary Time August 9, 2020

This Week's Reflections

GOSPEL MEDITATION

ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

Be still and know that I am God. Silence is sacred. Silence speaks the language of the soul and is the foundation of all life and eternity itself. Silence takes us beyond the limits of our minds and allows us to seek and to love the essence of all love, perfect love, and being. In silence, we can be non-verbally present to things and to God in ways that words cannot accomplish. We can discover, encounter, and be present to truths that our minds struggle to conceive and then set aside the boxes we put around things when comprehending them is challenging. We can know the unknowable and touch eternity when we encounter the core silence in our souls.

We can do this even on a noisy street and in the midst of the greatest distraction. Once we have made friends with silence, the rambling noise of the world no longer seems to matter, and we can carry a deep forgiving peace within us, even when physical silence cannot be found. We know that we are loved, cared for, sustained, nourished, embraced, and carried. There is nothing to fear in silence, and I can be present to myself in the same way that God is present to me. I can see myself as God sees me. All my faults, weaknesses, imperfections, failings, and sinfulness melt away in the abundance of God's mercy. All the worldly things we see as being important no longer are.

It is in silence that all the barriers that divide us disappear. There is no more "yours" and "mine" but only the oneness of "ours." There is no longer a need to "figure things out," and we tap into our desire to simply let things be. Silence is creative and powerful and gives us hope. Silence is God's greatest blessing. God became one with humanity in silence. It allows us to be one with all of creation, with the moon and the stars and all the creatures God has made. The smallest particle of creation radiates with beauty. Silence allows us to soar beyond ourselves and connect in ways that the mind can only imagine. When all is quiet, we begin to see that it is only our fear that keeps us from the Lord. It is our fear that causes us to sink and to fail. We can hear the gentle whisper that tells us to reach for God's hand. We discover that we yearn for the salvation and wholeness that only God can give to us. Be still my soul and be at peace.



"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light." Mt 11:28-30

A Note of Thanks!

Thank you for all the prayers and Mass intentions while I was sick with COVID and staph. It really made a difference—the doctors and nurses were amazed at my healing progress. It helped with my patience too.

~ Al Walz

FOOD SHELF DONATIONS

Get more value for your donations by giving cash! Please note "Food Shelf" on your envelope. If you do donate food, please no produce that can spoil. Thank you.

PARISH COUNCIL MEETING

There will be a Parish Council meeting on August 11th at 11 am out on the picnic tables. We are always in need of new members, please come to this week's meeting to experience what the Council does.

The Assumption of the Blessed Virgin Mary

Solemnity and Holy Day of

Obligation is Saturday, August 15.

Masses are scheduled:

Saturday, August 15 at 9:00 am at Sacred Heart—Fr. Chuck

Saturday, August 15 at 10:00 am at St. Gregory the Great—Fr. Shane



*Because it falls on a Saturday,
the Assumption is not a Holy Day of Obligation in 2020*

Prayer Shawl Ministry

If you or someone you know is in need of a prayer shawl please contact the office or feel free to take one from the rack in church. 320.358.4370



LIVE THE LITURGY

Inspiration for the Week

There is something very sacred about silence. Silence connects us. It is where the heartbeat of all of creation—and its life blood and source—are embraced and where oneness is experienced. When in the presence of an environment that is silent, the worries, tribulations, struggles, and challenges of life seem to fade away, and we can experience a peaceful whisper. We can call that whisper God. Through the practice of contemplative prayer, we can find our way to that inner place of silence even in the midst of great distraction, busyness, and noise. The silence becomes one with us and grounds us. When we become friends with silence, friends with God, we can hear the gentle whisper of God's voice saying, "Come, stay here. Trust me and you will not fall."



Claire Kind will be taking over the Faith Formation program for 1st through 8th grade. She also is the coordinator at St. Gregory the Great. We are still in need for a point person for Wednesday nights. Please call the office for more details.



Joan Hetherington will be the Confirmation Coordinator for the 9th and 10th grade, in addition to her responsibilities she also coordinates confirmation at St. Gregory the Great. More details about Faith Formation will be forthcoming.

We have an opportunity for someone who would like to step up to the plate and be the Funeral Luncheon Coordinator. Please contact the office for further details. Thank you.



Father God, Your Word says the prayer of faith shall heal the sick. We come to You today in Faith asking that you heal us from every sickness, disease, and illness. We receive our healing by faith. In Jesus name AMEN.

Continued prayers for:

Sue Roth, Janet Yurick, Gerald Mollberg,
Margarette Brooker, Jim Thorn,
Judy Strandmark, Jim Kirchberg, Shirley Kirchberg
Traci Bartz

August 15 & 16 Celebrants

Fr. Shane	St. Gregory	5:00 p.m.
Fr. Shane	Sacred Heart	9:00 a.m.

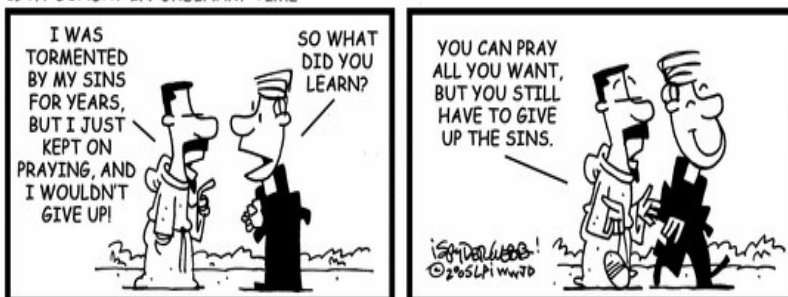
August 22 & 23 Celebrants

Fr. Fitzgerald	St. Gregory	5:00 p.m.
Fr. Fitzgerald	Sacred Heart	9:00 a.m.

Mission Statement

Sacred Heart parish is a community of Catholic Christian believers, established by the Archdiocese of St. Paul and Minneapolis. We strive to grow in holiness through prayer, celebration of the Eucharist and other sacraments, and reflection on the scriptures. We work hard to build the kingdom of God through evangelization, catechesis and service for all.

19TH SUNDAY IN ORDINARY TIME



BOOYA SAVE THE DATE!!

Sunday, September 27, 2020!

Raffle and mainly "Take Out Booya"

Limited seating in the parish hall.

More details coming soon!