

Welcome to The Church of the Sacred Heart

The Mother Church of East Central Minnesota

Parish Office / Mailing Address:

415 West 5th Street

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Weekend & Weekday Masses

Saturday-Temporarily Suspended
Sunday 9:00 am
Wednesday 9:00 am

Private Prayers:

Wednesdays, Thursdays and Sundays-
8:30-Noon

Adoration of the Blessed Sacrament:

Every Wednesday after 9:00 am Mass
until Noon

Sacrament of Reconciliation:

Confessions will be heard by request
after mass on Wednesdays or
by appointment.

Clergy

Pastor:

Fr. Shane Stoppel-Wasinger
Deacon Kevin Downie

Assisting Priest:

Fr. Chuck Brambilla
Fr. Thomas Fitzgerald

Office Hours:

Tuesday, Wednesday and Thursday
8:00 am. - 12:00 pm.

Parish Staff Contacts

Admin Asst: Marsha Marcussen
Bookkeeper/ Music: Steve Yurick
Faith Formation: Claire Kind
651-674-7382

I GIVE
THANKS
TO YOU.

PSALM 92



June 6 | The Most Holy Body of Christ
June 11 | Feast of the Most Sacred Heart of Jesus
June 13 | Eleventh Sunday in OT

AS WE START TO AWAKEN....

One of the most fitting ways to describe our lives over the past fifteen months is that we were in hibernation. Now, we are slowing starting to come out this "spiritual state of slumber", awakening our senses and experiencing life around us each day, more and more. It feels as if we have awoken from a nap, when we feel sluggish and partially alert? However, in time, we become fully awake and full of energy again. I believe that we are experiencing this same feeling within the church. Well my brothers and sisters, it is time to awaken and begin to do God's work! Let's keep holy the Sabbath day by honoring our God as well as bringing back joy and fellowship within our parishes once again!

St. Teresa of Calcutta is a great example of doing God's work while being joyful. Let me ask you this. . . Could you care for the poorest of the poor, live in poverty conditions without any luxuries day after day, year after year? And, above all, show joy and love each and every day to others? When asked how she could do it, Mother Teresa replied:

"The fruit of SILENCE is Prayer

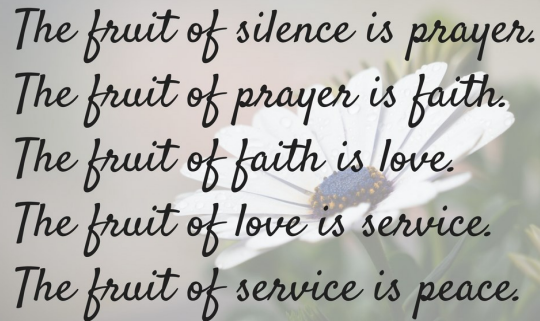
The fruit of PRAYER is Faith

The fruit of FAITH is Love

The fruit of LOVE is Service

The fruit of SERVICE is Peace"

You see, joy spilled from her heart. Joy is Love, and Love is Joy. True love is when you are at peace. Peace is found when



*The fruit of silence is prayer.
The fruit of prayer is faith.
The fruit of faith is love.
The fruit of love is service.
The fruit of service is peace.*

MOTHER TERESA

you give of yourself more than you take in return.

What happens now as you and I awaken out of our spiritual hibernation? Will you seek to make God the center of your life? Attending mass and becoming involved in your parish are two wonderful ways to do just that! Let us awaken our faith family and truly get to know each other, coming together each week to worship our God who loves us! God also creates many opportunities for us to share our love for others. He calls on all of us to be his

hands, feet and heart, by doing his good work. What will you say if you are given the opportunity to participate in the life of the Church? Will you say yes to volunteering your time and/or sharing your talents and treasures? I can't speak for any of you, my parishioners, however for myself, my answer is a firm "YES!".

In the absence of so many parishioners and lack of parish activity over the past year or so, I have come to appreciate as never before, our parish communities. I have missed so many of my parishioners, my faith family, so very much! Celebrating mass at St. Gregory this past weekend and being able to see everyone's beautiful faces again, brought so much joy to my heart. I can't wait until June 20th when I will be celebrating, for a first time, a non-restricted Mass at Sacred Heart as well! My continued prayer, is that our parishes, along with the entire church community, will come back stronger, more faithful and serve with loving hearts when called to do Gods work.

Have a blessed week, Father Shane

GOSPEL MEDITATION - The Most Holy Body and Blood of Christ

As our world faces so much turmoil and change, it is now more important than ever to remember who God is, who we are and where we are going. It is easy to get distracted and lose focus, especially when we are being pulled in so many directions. We can not only lose sight of God but one another. Maintaining our well developed and mature relationships with God and one another is essential to continuing to live, healthy, happy, and focused lives. In a message to young people, Pope Benedict XVI said, "the happiness you are seeking, the happiness you have a right to enjoy has a name and a face: it is Jesus of Nazareth, hidden in the Eucharist." What is true for those who are younger is even truer for those who are older. Regardless of how the particulars of life change over time, human beings are still hard-wired to seek the fullness of life and happiness. How we embark on this journey and what we choose along the way will indicate whether we meet success.

There is so much brokenness and pain in our world. Many people are lost, feeling lonely, anxious, marginalized, victimized, isolated, oppressed, and abused. Every time we receive the Body of Christ, we have an opportunity to become what we eat. The power and presence of Christ in the Eucharist becomes present in us and effects change in ourselves and in the lives of those we meet. We are given the grace to become temples of justice and peace, carrying God's sacred Presence within us wherever we go. Our faith community is ignited with the fire of God's love and stands out as a beacon of hope in a world that is lost. This is the only way we can discover peace-filled resolutions to violence and create innovative solutions to what is fueling its need in the first place. True happiness, for the young and old alike, becomes an obtainable goal.

St. John Maria Vianney says it so well. "There is nothing so great as the Eucharist. If God had something more precious, he would have given it to us." Only the Eucharist has the ability to connect, sustain, strengthen, and properly orient us, not only on the road of this life but the road to life eternal. Knowing this, when life gets challenging, unsettling, and difficult, we can rely on and cling to this gift we have in the Real Presence of Christ. This actual encounter with God celebrates God's unconditional love for us and grounds us to the truth of who we are in a way nothing else is able to do. Because through the Eucharist we really do become the Body of Christ, we are also bonded together in a most perfect way to one another as that Body. Nourished, united, and strengthened by the Eucharist, let us individually and collectively, bring this wonderful gift to all we meet, especially the poor with whom we have a special connection.

FATHER SHANE AWAY

Father Shane left for Barbados today, Sunday, June 6, and will be returning on June 18. For emergencies, please contact the parish office.

Catholic Charities Food Distribution

June 17th will be the next drive up food distribution from 10:00 am until 11:30 am here at Sacred Heart for 60 and older. Further questions please contact the Parish office.

SATURDAY NIGHT MASS Father Shane would like to eventually bring back the Saturday Night Mass. However, in order to do so, we will need additional ushers, lectors, and a cantor. Please contact the parish office or Father Shane if you are willing to take on this ministry. Once the Archbishop reinstates the obligation to attend Mass on Sunday, we will reevaluate the return of the Saturday night Mass. Updates will be provided in the bulletin as they are determined.

BRINGING UP GIFTS AT MASS:

Starting in the near future, we will resume bringing up the gifts of bread and wine at our weekend Masses. We are able to now do this safely since a parishioner has custom-made a cover for the ciborium. A ciborium is the name of the plate we use to distribute the Body of Christ during Holy Communion.

END OF SOCIAL DISTANCING:

As social distancing will no longer be required, parishioners may sit anywhere in the church space.

MASK REQUIREMENTS:

Effective immediately, masks are only required for those who have not been fully vaccinated. However, regardless if one has been vaccinated, all Extraordinary Eucharistic Ministers will still be required to wear a mask while giving out Holy Communion.

God
our father, through the inter-
cession of St. Joseph, foster
father of Your Son,
Our Lord Jesus Christ,
we give you thanks and praise
for all fathers in the World.



We pray for them so that they may find
courage and perseverance to balance work, family
and faith in joy and sacrifice.

We remember fathers, grandfathers, and great grand-
fathers who are no longer
with us but who live forever in our memory and nour-
ish us with their love. Amen.

June 20, 2021

June 12 & 13 Celebrants

Fr. Chuck	St. Gregory	5:00 p.m.
Fr. Nygaard/Dea Keven	Sacred Heart	9:00 a.m.
Fr. Chuck	St. Gregory	9:30 a.m.

June 19 & 20 Celebrants

Fr. Fitzgerald	St. Gregory	5:00 p.m.
Fr. Shane	Sacred Heart	9:00 a.m.
Fr. Fitzgerald	St. Gregory	9:30 a.m.

Mass Intentions

Wednesday, June 9 ~ Fr. Fitzgerald

9:00 a.m. † Open

Sunday, June 13

Eleventh Sunday of OT

9:00 a.m. † Jim Kirchberg

Wednesday, June 16 ~ Deacon Kevin

9:00 a.m. † Open

Sunday, June 20

Twelfth Sunday in OT

9:00 a.m. † Douglas Dwayne Hanson

Wednesday, June 23 ~ Dave Prickett

9:00 a.m. † Open

Feast Day Mass: Friday, June 11th at 9:00
a.m. with Fr. Fitzgerald.



If you or a loved one are ill in any way and would like to have
your name included on the Prayer Chain, the Sunday Prayers
of the Faithful and/or the bulletin contact the Parish office.
Permission from the individual must be given before we can
list their name in the Prayers of the Faithful or the bulletin.

Prayer, at its heart, is an act of faith, asking God to step in
and believing that He is both willing and able to listen to us.
There is no prayer intention too large or too small — you can
ask for God's help with every need.

Almighty God, we lift up all those who are facing illness
today. We ask that you would bring healing, comfort and
peace to their bodies. Calm their fears and let them
experience the healing power of Your love. Amen.

Continued prayers for:

Sue Roth, Gerald Mollberg, Jim Thorn,
Judy Strandmark, Shirley Kirchberg,
Joseph & Grace Schwaab, Erin Hestbeck Mielke,
Cecilia Shinler, Bret Van Tassel, Ron Schleicher, Janet
Yurick, Dave Prickett, Diane Anderson, Dale Oscarson