

Welcome to The Church of the Sacred Heart

The Mother Church of East Central Minnesota

Parish Office / Mailing Address:

415 West 5th Street

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Weekend & Weekday Masses

Saturday-Temporarily Suspended
Sunday 9:00 am
Wednesday 9:00 am

Private Prayers:

Wednesdays, Thursdays and Sundays-
8:30-Noon

Adoration of the Blessed Sacrament:

Every Wednesday after 9:00 am Mass
until Noon

Sacrament of Reconciliation:

Confessions will be heard by request
after mass on Wednesdays or
by appointment.

Clergy

Pastor:

Fr. Shane Stoppel-Wasinger
Deacon Kevin Downie

Assisting Priest:

Fr. Chuck Brambilla
Fr. Thomas Fitzgerald

Office Hours:

Tuesday, Wednesday and Thursday
8:00 am. - 12:00 pm.

Parish Staff Contacts

Admin Asst: Marsha Marcussen
Bookkeeper/ Music: Steve Yurick
Faith Formation: Claire Kind
651-674-7382



12TH SUNDAY IN ORDINARY TIME

He woke up, rebuked the wind, and said to the sea, "Quiet! Be still!"
The wind ceased and there was great calm. Then he asked them,
"Why are you terrified? Do you not yet have faith?" - Mk 4:39-40

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

GLPI



June 20 | Twelfth Sunday in OT
June 27 | Thirteenth Sunday in OT

COME BACK TO MASS!

Come back to Mass!

The past fifteen months have been a time of crisis and deep challenge for our country, and they have been a particular trial for the Catholics. During this terrible COVID period, many of us have been compelled to fast from attendance at Mass and the reception of the Eucharist. To be sure, numerous Masses and Eucharistic para-liturgies have been made available online and thank God for these.

But Catholics know in their bones that such virtual presentations are absolutely no substitute for the real thing. Now that the doors of our churches are commencing to open wide, I would like to urge every Catholic reading these words: Come back to Mass!

Why is the Mass of such central importance? The Second Vatican Council eloquently teaches that the Eucharist is the “source and summit of the Christian life”—which is to say, that from which authentic Christianity comes and toward which it tends. It is the alpha and the omega of the spiritual life, both the path and the goal of Christian discipleship. The Church Fathers consistently taught that the Eucharist is sustenance for eternal life. They meant that in the measure that we internalize the Body and Blood of Jesus, we are readied for life with him in the next world. Thomas Aquinas said that all of the other sacraments contain the *Virtus Christi* (the power of Christ) but that the Eucharist contains *ipse Christus* (Christ himself)—and this would help to explain why St. Thomas could never make it through the Mass without shedding copious tears. It is precisely at the Mass that we are privileged to receive this incomparable gift. It is precisely at the Mass that we take in this indispensable sustenance. Without it, we starve to death spiritually.

If I might broaden the scope a bit, I would like to suggest that the Mass is, in its totality, the privileged point of encounter with Jesus Christ. During the Liturgy of the Word, we hear not simply human words crafted by poetic geniuses, but rather the words of the Word. In the readings, and especially in the Gospel, it is Christ who speaks to us. In our responses, we speak back to him, entering conversation with the second person of the Trinity. Then, in the Liturgy of the Eucharist, the same Jesus who has spoken his heart to us offers his Body and Blood for us to consume. There is simply, this side of heaven, no more intimate communion possible with the risen Lord.

I realize that many Catholics during this COVID period have become accustomed to the ease of attending Mass virtually from the comfort of their own homes and without the inconvenience of busy parking lots, crying children, and crowded pews. But a key feature of the Mass is precisely our coming together as a community. As we speak, pray, sing, and respond together, we realize our identity as the Mystical Body of Jesus. During the liturgy, the priest functions in *persona Christi* (in the very person of Christ), and the baptized in attendance join themselves symbolically to Christ the head and together offer worship to the Father. There is an exchange between priest and people at Mass that is crucially important though often overlooked. Just before the prayer over the gifts, the priest says, “Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father,” and the people respond, “May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.” At that moment, head and members consciously join together to make the perfect sacrifice to the Father. The point is that this cannot happen when we are scattered in our homes and sitting in front of computer screens.

If I might signal the importance of the Mass in a more negative manner, the Church has consistently taught that baptized Catholics are morally obligated to attend Mass on Sunday and that the conscious missing of Mass, in the absence of a valid excuse, is mortally sinful. I understand that this language makes many people today uncomfortable, but it should not, for it is perfectly congruent with everything we have said about the Mass to this point. If the Eucharistic liturgy is, in fact, the source and summit of the Christian life, the privileged encounter with Jesus Christ, the moment when the Mystical Body most fully expresses itself, the setting for the reception of the bread of heaven—then we are indeed putting ourselves, spiritually speaking, in mortal danger when we actively stay away from it. Just as a physician might observe that you are endangering your life by eating fatty foods, smoking, and refraining from exercise, so a doctor of the soul will tell you that abstaining from the Mass is compromising your spiritual health. Of course, as I suggested above, it has always been the law of the Church that an individual may decide to miss Mass for legitimate prudential reasons—and this certainly obtains during these waning days of the pandemic.

But come back to Mass! And might I suggest that you bring someone with you, someone who has been away too long or has perhaps been lulled into complacency during COVID? Let your own Eucharistic hunger awaken an evangelical impulse in you. Bring in people from the highways and byways; invite your co-workers and family members; wake up the kids on Sunday morning; turn off your computers. Come back to Mass!

The Catholic Spirit | Bishop Robert Barron

Prayer for Rain

Found in back of church. Please take one and use it daily.

Catholic Charities Food Distribution

July 16th will be the next drive up food distribution from 10:00 am until 11:30 am here at Sacred Heart for 60 and older. Further questions please contact the Parish office.

SATURDAY NIGHT MASS Father Shane would like to eventually bring back the Saturday Night Mass. However, in order to do so, we will need additional ushers, lectors, and a cantor. Please contact the parish office or Father Shane if you are willing to take on this ministry. The Archbishop has reinstated the obligation to attend Mass on Sunday effective July 1st. We will reevaluate the return of the Saturday night Mass. Shortly after. Updates will be provided in the bulletin as they are determined.

The Covid-19 pandemic has been a painful time of separation that necessitated the dispensation from the Sunday obligation to attend Mass. Now, as the pandemic subsides, and public gathering restrictions and safety protocols are lifted, it is time to gather as the Body of Christ once again. Therefore, the bishops and diocesan administrators of the Minnesota Catholic Conference have decided to reinstate the obligation to attend Mass on Sundays and Holy Days of Obligation beginning the weekend of July 3-4, 2021. Learn more at backtomassmn.org.

Dispensation lifted July 1? What does that mean?

As the pandemic subsides, the bishops of Minnesota will reinstate the obligation to attend Mass on Sundays and Holy Days of Obligation beginning the weekend of July 3-4, 2021. The return of our faith family to Mass is a joyous occasion! Although the general dispensation will no longer be available, the Church has always recognized that certain circumstances can excuse a person from the requirement to observe the obligation.

God

our father, through the intercession of St. Joseph, foster father of Your Son, Our Lord Jesus Christ, we give you thanks and praise for all fathers in the World.

We pray for them so that they may find courage and perseverance to balance work, family and faith in joy and sacrifice.

We remember fathers, grandfathers, and great grandfathers who are no longer with us but who live forever in our memory and nourish us with their love. Amen.

June 20, 2021



June 26 & 27 Celebrants

Fr. Shane/Dea Kevin	St. Gregory	5:00 p.m.
Fr. Fitzgerald	Sacred Heart	9:00 a.m.
Fr. Shane/Dea. Kevin	St. Gregory	9:30 a.m.

July 3 & 4 Celebrants

Fr. Chuck	St. Gregory	5:00 p.m.
Fr. Shane	Sacred Heart	9:00 a.m.
Fr. Chuck	St. Gregory	9:30 a.m.

Mass Intentions

Wednesday, June 23 ~ Dave Prickett

9:00 a.m. † Open

Sunday, June 27 ~ Fr. Fitzgerald

Thirteenth Sunday of OT

9:00 a.m. † Margarette Brooker

Wednesday, June 30 ~ Fr. Shane

9:00 a.m. † Open

Sunday, July 4 ~ Fr. Shane

Twelfth Sunday in OT

9:00 a.m. † Open

Wednesday, July 7 ~ Fr. Sane

9:00 a.m. † Raymond Debevec



The week of June 26-27 we will be taking up the Peter's Pence Collection, which is a way to support the Universal Church and the work of the Holy See, including helping Pope Francis with the funds to carry out his charitable works. These works benefit our brothers and sisters on the margins of society, including victims

of war, oppression, and disasters. Please be generous. For more information, visit www.peterspence.va/en.html.

If you or a loved one are ill in any way and would like to have your name included on the Prayer Chain, the Sunday Prayers of the Faithful and/or the bulletin contact the Parish office. Permission from the individual must be given before we can list their name in the Prayers of the Faithful or the bulletin.

Prayer, at its heart, is an act of faith, asking God to step in and believing that He is both willing and able to listen to us. There is no prayer intention too large or too small — you can ask for God's help with every need.

Almighty God, we lift up all those who are facing illness today. We ask that you would bring healing, comfort and peace to their bodies. Calm their fears and let them experience the healing power of Your love. Amen.

Continued prayers for:

Sue Roth, Gerald Mollberg, Jim Thorn,
Judy Strandmark, Shirley Kirchberg,
Joseph & Grace Schwaab, Erin Hestbeck Mielke,
Cecilia Shinler, Bret Van Tassel, Ron Schleicher, Janet Yurick, Dave Prickett, Diane Anderson, Dale Oscarson