

Church of the Sacred Heart

Parish Office / Mailing Address:

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Fourth Sunday of Easter| 4-21-2024

Fifth Sunday of Easter| 4-28-2024

WELCOME VISITORS! TO SACRED HEART

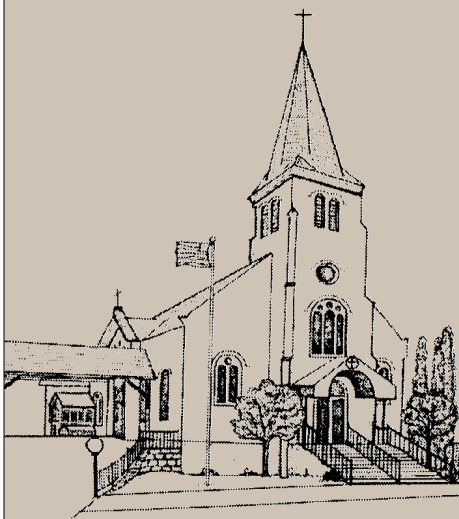
If you are visiting Sacred Heart for the first time today, we would like to say **WELCOME!** Maybe you've been away for while or just passing through. Either way we would like for you to feel at home here. If you would like to join our Parish family we would be honored to have you as a member. Please feel free to call the Parish office if you have any questions or would like to join the parish. We would like to help in anyway!

OFFICE HOURS

Tuesday, Wednesday and Thursday
8:00 am. - 12:00 pm.

OUR MISSION

Sacred Heart parish is a community of Catholic Christian believers, established by the Archdiocese of St. Paul and Minneapolis. We strive to grow in holiness through prayer, celebration of the Eucharist and other sacraments, and reflection on the scriptures. We work hard to build the kingdom of God through evangelization, catechesis and service for all.



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WEEKDAY/WEEKEND MASSES

Sunday 8:30 am

Wednesday 9:00 am

ADORATION

Every Wednesday after 9:00 am Mass until Noon

RECONCILIATION

1st Sunday at 8:00 am

After mass on every Wednesday or by appointment.

PASTOR

Fr. Matt Shireman

DEACON

Kevin Downie

ASSISTING PRIEST

Fr. Chuck Brambilla

Fr. Thomas Fitzgerald

PARISH OFFICE

Admin Asst: Marsha Marcussen
Bookkeeper/ Music: Steve Yurick
320-358-4370
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FAITH FORMATION

Sacred Heart :Tina Heidelberg
763-670-8594
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SPIRITUAL DIRECTION EXPLAINED

I just completed my first week of Spiritual Director Training at Mundelein Seminary outside of Chicago. The Institute of Priestly Formation (based in Omaha) organizes this top-of-the-line program which runs for 3 years (3 weeks each year). Brother priests who are alumni of the program have spoken highly of their experience and have found it to be transformational. I hope that it will be very beneficial for me, the 3 other priests from the Archdiocese, and many other priests from other dioceses. My previous pastor in Hastings called the training "life-changing." I am grateful that the staff and Deacon Kevin are willing to "hold down the fort" while I am away on these weeks.

Perhaps you have never heard the term "spiritual direction" before. The Holy Spirit is the exemplar and source of spiritual direction. Essentially spiritual direction refers to a Christian following the promptings of the Holy Spirit in one's particular life. There are elements that are necessary for every Catholic—participating in Sunday Mass, receiving the Sacrament of Reconciliation regularly, and praying every day. Then there are elements specific to one's state in life—married, widowed, separated, divorced, single, or consecrated for the Lord. Chastity is a virtue for every state-of-life, but it is certainly lived out differently in the various states and experienced differently by women and men. Finally, there are things that may be specific to one's own situation—particular ways in which God is leading the individual. When we look at the lives of the saints, we see that they followed the Holy Spirit to a serious degree.

After I complete the Spiritual Director Training in January 2027 (which seems like a long time away!), I will be much better equipped to give spiritual direction (although every priest can do it to a certain extent). As a priest of the Archdiocese, my main outreach for spiritual direction will be to priests, deacons, seminarians, and people who are considering a vocation to priesthood or religious life. Although the direct benefit of my training will be limited for parishioners, I hope that I can be of good service to the Archdiocese. For laity who are looking for spiritual direction, I can recommend a radio show that I regularly listen to. "The Inner Life" with Patrick Conley (who lives near St. Paul) on Relevant Radio (AM 1330 at 11 a.m. weekdays or on-demand) brings together trained spiritual directors and topics that everyone can appreciate (<https://relevantradio.com/listen/our-shows/the-inner-life/>),

I'll close by mentioning the short prayer that we can all pray, especially as we approach Pentecost: Come, Holy Spirit!

Fr. Matt Shireman



REMEMBER IN OUR PRAYERS.....

Fran Michnowski, Pat Mihm, Audrey Larson, Kim Wall, David Kirchberg, Carole Stenger, Connie Blomquist, Janet Yurick, Grace Schwaab, Judy Strandmark, Sue Roth, Gerald Mollberg, Erin Hestbeck-Mielke, Amy Granlund, Cheryl Gebhart-Trempe, Marianne Schmitz, Heidi Blatz, Gary Frazier, Shelly Repke, Betty Anderson Schlipp, Mary Jane Dahl, Jim Brenna, Shari Lehmann, Bobbi Corwin

Father God, we lift up all those who are facing illness today. We ask that You would bring healing, comfort and peace to their bodies. Calm their fears and let them experience the healing power of Your love. In Jesus' name. Amen!

PRAYER REQUESTS

If you or a loved one are ill in any way and would like to have your name included in the Sunday Prayers of the Faithful, contact the Parish office. Also, any prayer request or needs can be written in our Parish Intercessory Book in the back of church at any time.

COMMUNION VISITS

Are you or someone you know homebound and desiring to receive Holy Communion? Or in need of

Confession or the Anointing of the Sick (which is not just for people who are actively dying)? Let the Church come to you! To set a time that works for you, please contact the parish office.



Small Groups Update



Small Groups are Open to All Adults Similar to many parishes in the Archdiocese, Sacred Heart launched small group ministry at the start of Lent. These small groups (which include co-ed as well as ones specifically for women) continue to welcome new participants, even on a trial basis. The groups will be starting new content in the Easter season, so it's a great time to consider joining. For more information on the groups, contact Fr. Matt (fathermatt@stgregorynb.org).

Below are the initial set of groups:

Sundays from 9:45-11:15 a.m. at the Parish House, Gary & Kristie Frazier and Jeanne Kay

Mondays from 6-7:30 p.m. at Wayne & Elizabeth Herberg's house

Wednesdays from 10-11:30 a.m. at Rushseba Senior Living Center, Sandy Pelant

Thursdays from 10-11:30 a.m. at the Parish House, Connie Blomquist & Jan Walz

Parish/Community News

Catholic Charities Food Distribution

The next food distribution of frozen meals for seniors 60 and older will be on **Tuesday, May 21st from 11:00am-12:00 pm**. Meals are available in quantities of 20 per calendar month.

Retrouvaille: Help for Struggling Marriages

Is your marriage struggling? Retrouvaille is a lifeline for troubled marriages. Since 1977, over 40,000 marriages saved worldwide. Couples learn the tools to rediscover each other and heal their marriage. 100% confidential. Go to the website for more information on dates and cost. <https://www.archspm.org/retrouvaille-help-for-struggling-marriages/>



April 28th we will take up the Catholic Home Missions Appeal. Today, nearly 40% of dioceses in the United States and its territories are unable to fund the essential pastoral work their communities need. Your support of this appeal helps them meet these faith formation and sacramental needs. Please prayerfully consider how you can support this appeal. More information can be found at www.usccb.org/home-missions.



EUCCHARISTIC REVIVAL

Source and Summit Eucharistic Procession

Monday, May 27, 12:45-4 p.m., The Saint Paul Seminary to the Cathedral of St. Paul, St. Paul

The National Eucharistic Pilgrimage will be traveling through the Archdiocese from May 24-31. A flagship portion of the National Eucharistic Pilgrimage's Marian route, the Source and Summit Eucharistic Procession will follow Christ through the heart of St. Paul, from The Saint Paul Seminary to the Cathedral of St. Paul.

One event that may be closer occurs on Wednesday, May 22nd in Mora, MN. The details for the dinner and Eucharistic procession can be found here: <https://events.blackthorn.io/en/DnDCa1K7/g/marian/marian-route-diocese-of-st-cloud-4a2PUa2Dyr/overview>

Join the **Mary and Martha Women's Group** of St. Gregory's church in North Branch for a women-only speaker event on **April 25th at 6:30pm**.

The speaker is Laura Stierman, author of "I Own a Bible and I'm Not Afraid to Use It". This event is free, but they are asking for RSVP's. Space will be limited. To RSVP call the St. Gregory's Parish office at 651-674-4056. See bulletin boards for flyer with more details.



YOUTH MINISTRY & FAITH FORMATION

CONFIRMATION SENDING CEREMONY

The Confirmation Sending Ceremony will be during the 8:30 a.m. Mass at Sacred Heart Church on Sunday, April 21.

LAST DOC CLASS

The last DOC class for the year will be at 5:30 p.m. at St. Gregory the Great Church on Sunday, April 21.

CONFIRMATION

The Second Year Confirmation Candidates will be receiving the Sacrament of Confirmation at the Cathedral of Saint Paul on Saturday, May 4. Please pray for them as they take this important step on their faith journey.

Parishioner Update/Registration Card

If you are a current Parishioner, would like to become a member of Sacred Heart or have had a change to your information, please fill out the form below and place in offering basket at your earliest convenience so we can update or records.

Thank you.



Parishioner Update/Registration Card			
		Today's Date: _____	
		Giving Preference: ☐ Have an envelope box? ☐ Want an envelope box?	
		☐ E-Giving (Electronic) ☐ Parish Envelope	
Head of Household:			
First Name _____		Last Name _____	
Address _____			
Phone _____		Email _____	
Marital Status (Mar., Sing., Wid., Sep., Div.) _____		Date of Marriage _____ # Of Children _____	
Spouse (If applicable)			
First Name _____		Last Name _____	
Maiden Name _____		Phone _____ Email _____	
		CHILD (S):	
Help us get the information you need! Specify where you want to be connected and which email you would like to use!		Name: _____ Age: _____	
		Name: _____ Age: _____	
		Name: _____ Age: _____	
		Name: _____ Age: _____	
		Name: _____ Age: _____	