



Church of the Sacred Heart

Parish Office / Mailing Address:
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First Sunday of Advent | 12-1-2024
Second Sunday of Advent | 12-8-2024

WELCOME VISITORS! TO SACRED HEART

If you are visiting Sacred Heart for the first time today, we would like to say **WELCOME!** Maybe you've been away for while or just passing through. Either way we would like for you to feel at home here. If you would like to join our Parish family we would be honored to have you as a member. Please feel free to call the Parish office if you have any questions or would like to join the parish. We would like to help in anyway!

SMALL GROUPS

Small Groups are Open to All Adults
The parish small groups continue to welcome new participants, even on a trial basis. For more information on the groups, contact Fr. Matt (fathermatt@stgregorynb.org).

Mondays from 6-7:30pm at the Herberg's
Wednesdays from 10-11:30 a.m. at Rushseba Senior Living Center, Sandy Pelant.

Thursdays from 10-11:30 a.m. at the Parish House, Connie Blomquist & Jan Walz.

1st and 3rd Sunday from 9:30-11:30 in Parish House.

Men's small group, **3rd Saturday** of each month @St. Gregory's from 7:30am-9am.

OFFICE HOURS

Tuesday, Wednesday and Thursday
8:30am. - 12:30 pm.

OUR MISSION

Sacred Heart parish is a community of Catholic Christian believers, established by the Archdiocese of St. Paul and Minneapolis. We strive to grow in holiness through prayer, celebration of the Eucharist and other sacraments, and reflection on the scriptures. We work hard to build the kingdom of God through evangelization, catechesis and service for all.



WEEKDAY/WEEKEND MASSES

Sunday 8:30 am
Wednesday 9:00 am

ADORATION

Every Wednesday after 9:00 am Mass until Noon

RECONCILIATION

1st Sunday at 8:00 am
After mass on every Wednesday or by appointment.

PASTOR

Fr. Matt Shireman

DEACON

Kevin Downie

ASSISTING PRIEST

Fr. Chuck Brambilla

PARISH OFFICE

Admin Asst: Marsha Marcussen
Bookkeeper: Mary Felix
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FAITH FORMATION

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UPDATE ON HOLY DAYS OF OBLIGATION

There has been a recent development with observing Holy Days of Obligation for Catholics in the U.S. I won't bore you with all of the details. The main thing to know is that Catholics in the United States will be required to participate each year in all Holy Days of Obligation even—and here is the change—when they are scheduled for Saturdays or Mondays going forward. The rest of the universal Church already observes this rule; I don't know why or when bishops in the U.S.A. started abrogating Holy Day obligations when the Masses fell on Saturdays or Mondays.

With that being said, the next Holy Day of Obligation is Monday, December 9th—Immaculate Conception (a Holy Day that is typically on December 8th but is transferred to the 9th due to the Second Sunday in Advent). Although Immaculate Conception is now understood to be a Holy Day of Obligation every year, Archbishop Hebda has dispensed Catholics in the Archdiocese of St. Paul & Minneapolis from having to attend Mass on 12/9/24. The full decree from Archbishop Hebda is available on the [Archdiocese's website \(archspm.org\)](http://archspm.org).

In part, the decree reads: "Those who are able to observe the Solemnity by participation at Mass are strongly encouraged to do so. All who enjoy the benefit of this dispensation are exhorted to commemorate the Immaculate Conception in another fitting manner, such as by reciting the Liturgy of the Hours [such as Morning/Evening Prayer on the iBreviary app] or reflecting on the readings for the day, or engaging in prayer either individually, with others, or as a family."

Our parishes will have three Masses for the Immaculate Conception on December 9th—8:30 a.m. & 6:30 p.m. at St. Gregory's and 7 p.m. at Sacred Heart. We hope to see you at Mass on that day as we join with the angels and saints everywhere in worshiping God. As a reminder, the other upcoming Holy Days of Obligation are Christmas (December 25th) and Mary, Mother of God (January 1st).

Fr. Matt Shireman



Prayer for Healing

Lord, look upon me with eyes of mercy, may your healing hand rest upon me, may your life-giving powers flow into every cell of my body and into the depths of my soul,

cleansing, purifying, restoring me to wholeness and strength for service in your Kingdom and especially for.....

Fran Michnowski, Pat Mihm, Audrey Larson, Kim Wall, David Kirchberg, Carole Stenger, Connie Blomquist, Janet Yurick, Grace Schwaab, Judy Strandmark, Sue Roth, Gerald Mollberg, Erin Hestbeck-Mielke, Amy Granlund, Cheryl Gebhart-Trempe, Marianne Schmitz, Heidi Blatz, Gary Frazier, Shelly Repke, Betty Anderson Schlipp, Jim Brenna, Mary Debevec, Jody Kliegle, Ken Kirchberg, Mark Stenger, Umbreit Family. Amen!

PRAYER REQUESTS

If you or a loved one are ill in any way and would like to have your name included in the Sunday Prayers of the Faithful, contact the Parish office. Also, any prayer request or needs can be written in our Parish Intercessory Book in the back of church at any time.

COMMUNION VISITS

Are you or someone you know homebound and desiring to receive Holy Communion? Or in need of Confession or the Anointing of the Sick (which is not just for people who are actively dying)? Let the Church come to you! To set a time that works for you, please contact the parish office.

Mass Intentions

Wednesday, December 4th

9:00 am † Katherine Whitehurst

Sunday, December 8th

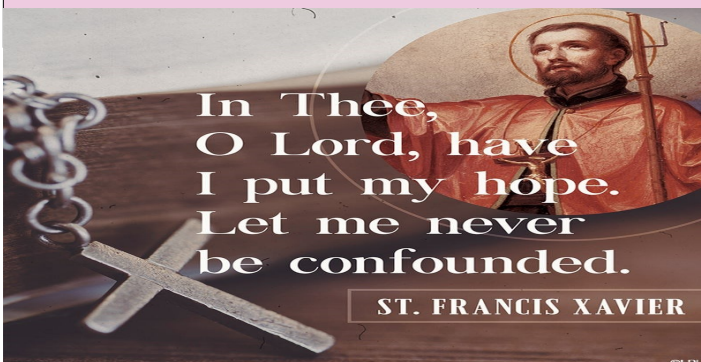
8:30 am † Ralph & Dorothy Anderson

Wednesday, December 11th

9:00 am † Mary Jane Dahl

Sunday, December 15th

9:00 am † Mary Jane Dahl



Parish/Community News

Catholic Charities Food Distribution

The next food distribution of frozen meals for seniors 60 and older will be on **Tuesday, December 17th from 11:00am-12:00 pm**. Meals are available in quantities of 20 per calendar month.



Catholic Watchmen meets at 7 p.m. on first Thursdays at St. Gregory's. The December 5th will be in the St. Gregory's parish hall. All men of Sacred Heart and St. Gregory's are welcome. impact on the global Church.

Family Pathways is looking for volunteers for their thrift stores, food shelves and domestic violence shelter. The hours are flexible. Please go to www.familypathways.org/volunteer to fill out the application. For additional information contact Brooke @651-674-8040 or email volunteer@familypathways.org.



Fellowship & Hospitality

A fellowship gathering will be held in Wey hall immediately following Mass on the **first Sunday of each month**; join us for refreshments, food, community, and conversation after worship. **Starting December 1st. We are looking for more volunteers to assist with hospitality. If you are interested, please contact the office.**

A monthly **"First Saturday Mass"** will be offered at 9 a.m. at Sacred Heart in most months starting Saturday, December 7th (also on that date, the Sacrament of Reconciliation will be available from 9:30 to 11 a.m.). The Mass will be canceled due to funerals or when Fr. Matt is away (such as in January 2025). Please note that this is a daily Mass; it does not fulfill one's Sunday Mass obligation.



Church Office Hours: Starting December 1st, 2024 the new office hours will be Tuesday-Thursday from 8:30am to 12:30pm.

YOUTH MINISTRY & FAITH FORMATION

DOC CLASSES

DOC class for all Confirmants will be at 5:30 p.m. - 7:30 p.m. on December 8 at St. Gregory the Great Church. *We still need two **Prayer Partners**, please see sheet in back of Church.*

Making Room for HIM in your Heart & Home-guest speaker, Janae Bower

You are invited to journey with us and the Holy Family for this special Advent evening retreat on **December 11th at 6:30pm with treats and beverages before at 6pm..** Guest speaker Janae Bower will help us prepare our hearts and homes for this Advent and Christmas season. Use your time more intentionally and open your hearts more fully to make the most with who matters the most-Jesus! You'll discover meaningful and creative ways to bring to life your calling as parents (and grandparents) to make your home a domestic church. Be inspired to integrate more Catholic traditions into your current traditions to enrich our family's faith.

Janae (Opatz) Bower's mission is to inspire and transform hearts as a beacon of God's love. Devotions and consecrations to the Holy Hearts of Jesus, Mary and Joseph have been enriched through leading retreats and pilgrimages across the country. She's been featured in the Catholic Spirit and attends the church of Saint Paul in Ham Lake. Janae grew up attending Sacred Heart. Her greatest blessing is being married and mother to three sons.

Upcoming Masses



First Saturday Mass—December 7th, 9:00am at Sacred Heart
(With Drop-in Confessions after mass until 11:00 am.)

Immaculate Conception Mass-December 9th, 7pm at Sacred Heart



The **Christmas Caring Tree** will be in the Rush City Library from November 19th-December 7th. **Pick a tag from the tree and make a child happy!**

Library hours:
Tuesday, 10am-7pm
Wednesday, 10am-5pm
Thursday & Friday-12noon-5pm
Saturday, 10am-1pm



†JEAN PENO

May her soul and the souls of all the faithful departed, through the mercy of God, Rest in Peace.
Amen.

