



Church of the Sacred Heart

Parish Office / Mailing Address:

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The Holy Family of Jesus, Mary and Joseph | 12-29-2024
Epiphany of the Lord | 1-5-2025

WELCOME VISITORS! TO SACRED HEART

If you are visiting Sacred Heart for the first time today, we would like to say **WELCOME!** Maybe you've been away for while or just passing through. Either way we would like for you to feel at home here. If you would like to join our Parish family we would be honored to have you as a member. Please feel free to call the Parish office if you have any questions or would like to join the parish. We would like to help in anyway!

SMALL GROUPS

Small Groups are Open to All Adults
The parish small groups continue to welcome new participants, even on a trial basis. For more information on the groups, contact Fr. Matt (fathermatt@stgregorynb.org).

Mondays from 6-7:30pm at the Herberg's
Wednesdays from 10-11:30 a.m. at Rushseba Senior Living Center, Sandy Pelant.

Thursdays from 10-11:30 a.m. at the Parish House, Connie Blomquist & Jan Walz.

1st and 3rd Sunday from 9:30-11:30 in Parish House.

Men's small group, **3rd Saturday** of each month @St. Gregory's from 7:30am-9am.

OFFICE HOURS

Tuesday, Wednesday and Thursday
8:30am. - 12:30 pm.

OUR MISSION

Sacred Heart parish is a community of Catholic Christian believers, established by the Archdiocese of St. Paul and Minneapolis. We strive to grow in holiness through prayer, celebration of the Eucharist and other sacraments, and reflection on the scriptures. We work hard to build the kingdom of God through evangelization, catechesis and service for all.



WEEKDAY/WEEKEND MASSES

Sunday 8:30 am

Wednesday 9:00 am

ADORATION

Every Wednesday after 9:00 am Mass until Noon

RECONCILIATION

1st Sunday at 8:00 am

After mass on every Wednesday or by appointment.

PASTOR

Fr. Matt Shireman

DEACON

Kevin Downie

ASSISTING PRIEST

Fr. Chuck Brambilla

PARISH OFFICE

Admin Asst: Marsha Marcussen

Bookkeeper: Mary Felix

mary@stgregorynb.org

Project Asst./Music: Steve Yurick

320-358-4370

shc415@hotmail.com

FAITH FORMATION

Sacred Heart :Tina Heidelberger

763-670-8594

faithformationshc@hotmail.com

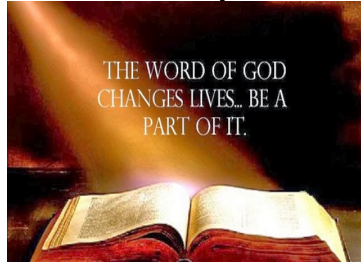
Confirmation: Dion Scott

651-674-7382

dion@stgregorynb.org

LOVING THE MASS

One of the biggest complaints about Mass—from the youth and young adults (and probably going through the minds of adults, but they won't voice it)—is that Mass is boring. I think a major reason for this thought is that we consume a lot of entertainment; thus, it is easy to realize that the Mass isn't entertainment. If you are looking to be as interested in Mass as your favorite series that you watch (I'm currently going through The Lord of the Rings-inspired "Rings of Power"), then you are going to be constantly disappointed. Although some may complain at other parishes (but not St. Gregory's or Sacred Heart) that the homilies are lousy or the music is bad, Mass is still objectively good and fulfilling. The main reason why we "go to" (or better: "participate in") Mass, is because we are there to worship God. All of the words, gestures, and ritual actions of the Mass flow from that purpose.



Months ago the Synod Evangelization Teams (SETs) and I came to agreement on extra activities focused on the Mass for the Archdiocese's Year 2 of the Synod Implementation. The Teaching Masses scheduled for the coming months (see the schedule below) will be the first set of those activities. Although people may still get bored at Mass, the more we know about the Mass and its constitutive parts (e.g. the Liturgy of the Word and the Liturgy of the Eucharist), the more we will appreciate and love the Mass. Questions will be answered, such as the following:

- Which Person of the Holy Trinity are the prayers addressed to?
- How many options for the various prayers are there?
- What does the priest or deacon say silently at particular parts of the Mass?
- At a Mass when a bishop, a priest, a deacon, and lay liturgical ministers are present, which roles are particular to each?

The Teaching Masses will be offered at the following times and locations (children join for 1 hour—during their regular class time):

- Wednesday, January 22 at 6 to 7:30 p.m. at St. Gregory's (KIC night)
- Sunday, January 26 at 5:30 p.m. to 7 p.m. at St. Gregory's (DOC night)
- Wednesday, February 19 at 6 to 7:30 p.m. at Sacred Heart (Faith Formation night)

Adults with children should attend one of the nights that their children are in-session; other adults may attend any session of their choosing.

On behalf of the SETs and myself, we look forward to seeing you grow in your love of the Mass at one of these Teaching Masses.

-Fr. Matt Shireman



"Prayers for the sick"

Lord, look upon me with eyes of mercy, may your healing hand rest upon me, may your life-giving powers flow into every cell of my body and into the depths of my soul, cleansing, purifying, restoring me to wholeness and strength for service in your Kingdom and especially for.....

Fran Michnowski, Pat Mihm, Audrey Larson, Kim Wall, David Kirchberg, Carole Stenger, Connie Blomquist, Janet Yurick, Grace Schwaab, Judy Strandmark, Sue Roth, Gerald Mollberg, Erin Hestbeck-Mielke, Amy Granlund, Cheryl Gebhart-Trempe, Marianne Schmitz, Heidi Blatz, Gary Frazier, Shelly Repke, Betty Anderson Schlipp, Jim Brenna, Mary Debevec, Jody Kliegle, Ken Kirchberg, Mark Stenger, Umbreit Family, Margery Steininger, Violet Pearson. Amen!

PRAYER REQUESTS

If you or a loved one are ill in any way and would like to have your name included in the Sunday Prayers of the Faithful, contact the Parish office. Also, any prayer request or needs can be written in our Parish Intercessory Book in the back of church at any time.

COMMUNION VISITS

Are you or someone you know homebound and desiring to receive Holy Communion? Or in need of Confession or the Anointing of the Sick (which is not just for people who are actively dying)? Let the Church come to you! To set a time that works for you, please contact the parish office.

Mass Intentions

Wednesday, January 1st

9:00 am † Parishioners of Sacred Heart

Sunday, January 5th

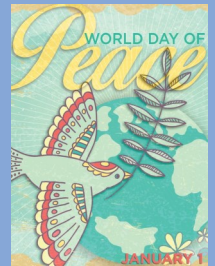
8:30 am † Elsie Moore

Wednesday, January 8th

9:00 am † Bob Rothenbacher

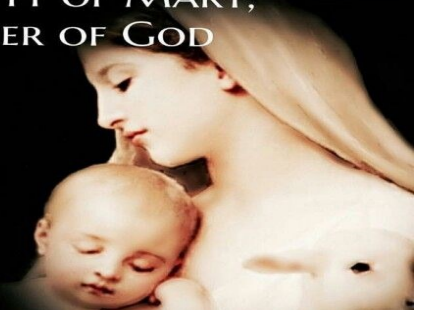
Sunday, January 12th

8:30 am † Mary Jane Dahl



SOLEMNITY OF MARY, MOTHER OF GOD

THE LAST ACT OF OUR LORD ON EARTH TO WHICH HE VISIBLY DEMANDED OUR ADHERENCE WAS HIS PLEA TO TAKE HIS MOTHER AS OUR MOTHER:



Behold thy Mother

- VENERABLE FULTON SHEEN -

Parish/Community News

Catholic Charities Food Distribution

After much research and evaluation, CC regrets to inform you they have decided to close the frozen food distribution at Sacred Heart. They encourage you to dine in person at Braham Event Center or Chisago County Senior Center.

Catholic Watchmen meets at 7 p.m. on first Thursdays at St. Gregory's. The January 2nd will be in the St. Gregory's parish hall. All men of Sacred Heart and St. Gregory's are welcome.

Fellowship & Hospitality

A fellowship gathering will be held in Wey hall immediately following Mass on the first Sunday of each month; join us for refreshments, food, community, and conversation after worship. **We are looking for more volunteers to assist with hospitality. If you are interested, please contact the office.**



We are excited to announce that the CCW has officially changed its name to **Sisters of Sacred Heart**.

There will NOT be Mass on Saturday, January 4th, 2025 due to Father's absence. The Next Saturday mass will be February 1st, 2025.

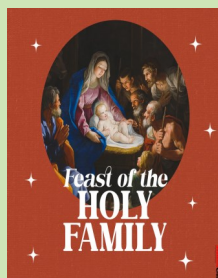
The Holy Family of Jesus, Mary, and Joseph: A Model of Faith, Love, and Unity

As we celebrate the Feast of the Holy Family of Jesus, Mary, and Joseph, we are invited to reflect on the profound example of love, faith, and devotion that this sacred family offers to all of us. The Holy Family is a model of how we are called to live as a community—united in love, prayer, and service to one another, guided by God's grace.

In the Holy Family, we see a perfect harmony of virtues: Mary's humility and obedience to God's will, Joseph's steadfastness and commitment to his family, and Jesus' example of perfect love and obedience to the Father. Their lives together demonstrate how, even in times of trial and hardship, the strength of family rooted in faith can sustain us.

As we reflect on this feast day, let us consider how we, too, can strengthen our own families and communities through trust in God's plan, love for one another, and a commitment to living out the values of the Gospel in our daily lives. Let us also pray for families in our parish, asking the Holy Family to intercede for them, granting peace, unity, and grace.

May the example of the Holy Family inspire us to grow in faith and love, nurturing the bonds of our families and our parish community.



YOUTH MINISTRY & FAITH FORMATION

Prayer Partners: Two Prayer Partners for our Confirmation students are still needed. The sign up sheet is in back of church.

TRIP TO FEED MY STARVING CHILDREN

The 6th - 8th grade KIC disciples and the 1st and 2nd year Confirmants are invited to attend

the Feed My Starving Children trip on **Saturday, January 11, 2025**. The bus will depart St. Gregory the Great Church at 8:30am and will return at 12:30pm. Permission slips are needed.



YEAR 1 CONFIRMATION SPONSOR MEETING

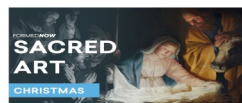
Sponsors of Year 1 Confirmants should plan to attend the Sponsor Meeting in the church at St. Gregory's on **Sunday, January 12th beginning at 5:30pm - 6:15pm**.

THIS WEEK ON FORMED

Week of December 29, 2024



New Year's Resolutions | The Augustine Institute Show
What's your resolution this year? Dr. Tim Gray welcomes Dr. Scott Hefelfinger, Assistant Professor of Theology in the Augustine Institute Graduate School of Theology, to celebrate one year of the Augustine Institute Show!



Christmas | Sacred Art

Join Dr. Ben Akers and Taylor Kemp as they look at the painting Adoration of the Shepherds by Gerard van Honthorst to celebrate the Nativity of our Lord. This famous painting reveals the Christ Child as the light that has come into the world and also depicts the Blessed Mother, St. Joseph, and the shepherds to be models of adoration to our humble Lord who came as a helpless baby.

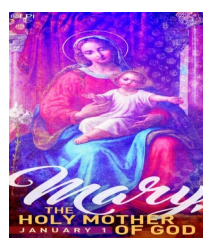


O Holy Night, The King is Born: What Christmas Is About

Celebrate the wonder and joy of Christmas with Brother Francis in this heartwarming presentation of the birth of God's Son! Witness the moving submission of Mary, Joseph, and others as they make way for our Savior.

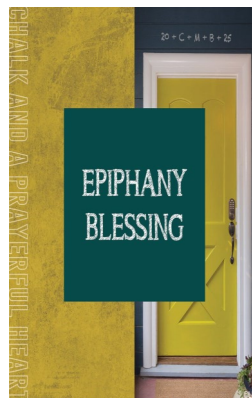
Our parish has a FORMED subscription.
Visit signup.formed.org and select our parish name.

An offering from the AUGUSTINE INSTITUTE and the AUGUSTINE INSTITUTE



Solemnity of Mary, Holy Mother of God (A Holy Day of Obligation in 2025)

Tuesday, December 31, -6:30pm, St. Gregory's
Wednesday, January 1, -8:30am, St. Gregory's
Wednesday, January 1, -9:00am, Sacred Heart



Devotions, Explained! The Epiphany household blessing is an ancient practice in the Church. This tradition is a beautiful way to observe the coming of the magi while invoking God's blessing on your home and all who enter it. All that is needed is chalk and a prayerful heart!

Prayer of Rejoicing

Fill our hearts, Lord, with rejoicing as we seek and discover You. Your ways are full of wonder, glory, surprise, and joy. AMEN.