



Church of the Sacred Heart

Parish Office / Mailing Address:
415 West 5th Street PO Box 45, Rush City, MN 55069
Office Phone: 320.358.4370 Fax: 866.779.1580 Wey Hall: 320.358.3145
Email: shc415@hotmail.com Website: sacredheartrcmn.org

First Sunday of Lent | 3-9-2025
Second Sunday of Lent | 3-16-2025

WELCOME VISITORS! TO SACRED HEART

If you are visiting Sacred Heart for the first time today, we would like to say **WELCOME!** Maybe you've been away for while or just passing through. Either way we would like for you to feel at home here. If you would like to join our Parish family we would be honored to have you as a member. Please feel free to call the Parish office if you have any questions or would like to join the parish. We would like to help in anyway!

OUR MISSION

Sacred Heart parish is a community of Catholic Christian believers, established by the Archdiocese of St. Paul and Minneapolis. We strive to grow in holiness through prayer, celebration of the Eucharist and other sacraments, and reflection on the scriptures. We work hard to build the kingdom of God through evangelization, catechesis and service for all.

SMALL GROUPS

Small Groups are Open to All Adults
The parish small groups continue to welcome new participants, even on a trial basis. For more information on the groups, contact Fr. Matt (fathermatt@stgregorynb.org).

Mondays from 6-7:30pm at the Herberg's

Wednesdays from 10-11:30 a.m. at Rushseba Senior Living Center, Sandy Pelant.

Thursdays from 10-11:30 a.m. at the Parish House, Connie Blomquist & Jan Walz.

1st and 3rd Sunday from 9:30-11:30 in Parish House.

Men's small group, **3rd Saturday** of each month @St. Gregory's from 7:30am-9am.



WEEKDAY/WEEKEND MASSES

Sunday 8:30 am
Wednesday 9:00 am
1st Saturday of each month 9:00 am

ADORATION

Every Wednesday after 9:00 am Mass
until Noon

RECONCILIATION

1st Sunday at 8:00 am
After mass on every Wednesday or by
appointment.

PASTOR

Fr. Matt Shireman

DEACON

Kevin Downie

ASSISTING PRIEST

Fr. Chuck Brambilla

PARISH OFFICE

Admin Asst: Marsha Marcussen
Bookkeeper: Mary Felix
mary@stgregorynb.org
Project Asst./Music: Steve Yurick
320-358-4370
shc415@hotmail.com

FAITH FORMATION

Sacred Heart :Tina Heidelberger
763-670-8594
faithformationshc@hotmail.com
Confirmation: Dion Scott
651-674-7382
dion@stgregorynb.org

OFFICE HOURS

Tuesday, Wednesday and Thursday
8:30am. - 12:30 pm.

4 Days Down, 36 Days to Go...

If your first few days of Lent have gone well, great! Keep it up! But if you are already having some struggles, that's understandable. Perhaps Ash Wednesday hit you hard to the core. You realize that Christ's moral standards are high and that you are a sinner who is in need of God's mercy. That is a great, humble place to be at. God wants us to have great interior freedom so that we can truly live as His adopted children. Our Lenten penances should neither be too easy nor too difficult so as to properly grow in the virtues of hope and fortitude.

A "good" Lent (or a "good" life) isn't based on how many times we fall but, rather, that when we do fall, we get up right away and set out again. Thus, St. Therese of Lisieux would remind us that we are like a little child in the eyes of God—children do not get worried when they fall. A good Lent is defined by an increase of charity (i.e. supernatural love). As a point of example for Lent, a person might go "cold turkey" on coffee (and therefore doing well on his Lenten penance) but then becomes miserable to be around (and therefore missing the point of the penance to begin with).

There are certainly some non-negotiables when it comes to our Catholic faith, so these should be the starting point for Lent. Are the members of my household and I participating in Mass on every Sunday and Holy Day of Obligation? Am I praying each day? Have I had all of my mortal sins absolved in the Sacrament of Reconciliation (if not, then we should abstain from Holy Communion until the Church tells us that we are reconciled)? Was my marriage celebrated in the Church or have I had it blessed since (if not, then we need to start the Convalidation process)? Am I providing financial support to the Church according to my ability?

Another way to frame your Lent is by asking yourself, 'What type of person do I want to be at the end of Lent? What type of person do I want to be next year on Ash Wednesday?' Only by being connected to God and His Grace can we grow as human beings—loving, joyful, faithful, hopeful, cheerfully pleasant, and kind. May God bless you—during Lent and always.

Fr. Matt Shireman



"Prayers for the sick"

Lord, look upon me with eyes of mercy, may your healing hand rest upon me, may your life-giving powers flow into every cell of my body and into the depths of my soul, cleansing, purifying, restoring me to wholeness and strength for service in your Kingdom and especially for.....

Pat Mihm, Audrey Larson, Kim Wall, David Kirchberg, Carole Stenger, Connie Blomquist, Janet Yurick, Grace Schwaab, Judy Strandmark, Sue Roth, Gerald Mollberg, Erin Hestbeck-Mielke, Amy Granlund, Cheryl Gebhart-Trempe, Marianne Schmitz, Heidi Blatz, Gary Frazier, Shelly Repke, Betty Anderson Schlipp, Jim Brenna, Mary Debevec, Jody Kliegle, Ken Kirchberg, Umbreit Family, Margery Steininger, Violet Pearson. Amen!

PRAYER REQUESTS

If you or a loved one are ill in any way and would like to have your name included in the Sunday Prayers of the Faithful, contact the Parish office. Also, any prayer request or needs can be written in our Parish Intercessory Book in the back of church at any time.

COMMUNION VISITS

Are you or someone you know homebound and desiring to receive Holy Communion? Or in need of Confession or the Anointing of the Sick (which is not just for people who are actively dying)? Let the Church come to you! To set a time that works for you, please contact the parish office.

Mass Intentions

Wednesday, March 12th

9:00 am †Amy Prickett

Sunday, March 16th

8:30 am †Amy Prickett

Wednesday, March 19th

9:00 am †Tom & Terry Solorz

Sunday, March 23rd

8:30 am †Paul & Elinor Cappecchi



Parish/Community News

Catholic Watchmen meets at 7 p.m. on first Thursdays at St. Gregory's. The April 3rd will be in the St. Gregory's parish hall. All men of Sacred Heart and St. Gregory's are welcome.

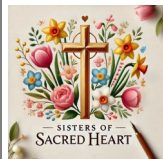
Fellowship & Hospitality

A fellowship gathering will be held in Wey hall immediately following Mass on the first Sunday of each month; join us for refreshments, food, community, and conversation after worship. **We are looking for more volunteers to assist with hospitality. If you are interested, please contact the office or sign up in back of church.**



Join us on the **First Saturday** of each month for Mass at 9:00 AM. This is a wonderful opportunity to start your month in prayer, reflection, and community. Whether you're a regular attendee or new to our parish, we welcome you to come together in faith and worship. We look forward to seeing you there!

Join us on the **Last Friday** of each month for a special **Mass at 1:30 pm at Rusheba**. All are welcome to attend and partake in this peaceful and reflective gathering. Whether you're a regular attendee or new to the community, we invite you to share in this time of worship and fellowship. **The Mass will be on March 28th.**



Sisters of Sacred Heart meet every 3rd Thursday of each month. All women of Sacred Heart are invited and encouraged to join in the meetings, they are held in Wey Hall at 6:30pm.

Minnesota FoodShare March Campaign has started. Let's Pack the Pews with enough money and/or food to support our local food shelf here in Rush City. And remember, MARCH means Matched by GMCC.



March 29-30 is Global Solidarity Sunday. On the 4th Sunday of Lent, we are invited to join with the psalmist who says, "Taste and see the goodness of the Lord" (Psalm 34). God provides food for the pilgrim's journey from promise to fulfillment. We are invited to come to the feast of God's justice for the poor, mercy for the sinner and reconciliation in the Body of Christ. Filled with his presence, we are sent forth as St. Paul says as "**Ambassadors for Christ appealing through as**" (2Cor. 5:20). Global Solidarity Sunday gives us a way to participate in solidarity with our brothers and sisters in Latin America, Central and Eastern Europe, Africa and through Catholic Relief Services.

MARIAN PILGRIMAGE TO WISCONSIN

Join Fr. Matt on a parish pilgrimage to 3 holy sites in Wisconsin August 6-8. The trip involves a 2-night stay in Appleton, WI, and daytime visits to Our Lady of Champion, Holy Hill Basilica, and Shrine of Our Lady of Guadalupe. The approximate cost is \$520 for someone in a single room, or \$410 for someone in a double room. Spots are limited due to bus capacity. Call Marsha in the Parish Office to sign up: 320-358-4370.

The Mark Stenger family sincerely thanks Sacred Heart Parish for everything during their difficult time.

YOUTH MINISTRY & FAITH FORMATION

LENTEN PROJECT

The disciples in grades 1-8 are invited to participate in the Catholic Relief Services Rice Bowl project for Lent. Information will be sent home.

SPRING BREAK

There will be no Wednesday evening classes on March 12. We wish everyone a safe and enjoyable spring break!



FIRST COMMUNION WORKSHOP

The First Communion Workshop for parents and their child preparing to receive the sacrament of First Holy Communion will be on Saturday, March 22 at 10:00 a.m. - 12:00 noon at St. Gregory the Great Church.

2ND YEAR CONFIRMATION RETREAT

The Confirmation Retreat for 2nd Year Confirmands will be held at Trinity Woods Catholic Retreat Center in Trego, Wisconsin on Saturday, April 26 - Sunday, April 27. Permission forms are due March 23.

Join us at
Sacred Heart Catholic Church



SOUP
SUPPERS
+
STATIONS
OF THE
CROSS
weekly, on
Fridays



Freewill offering!

Join us
at 6:00pm
For Soup
Supper

Lenten Suppers Start March 7th and go until April 11th.
Stations of the Cross start at 7:00 pm.

425 S. Frandsen Avenue, Rush City, MN 55069 320.358.4370

As we journey through this holy season of Lent, we invite you to join us for our **Lenten Soup Suppers**, followed by the **Stations of the Cross**—a time of fellowship, reflection, and prayer as we prepare our hearts for Easter.

Each **Friday**, we will gather to share a warm bowl of soup, embracing the Lenten call to simplicity, prayer, and community. After supper, we will proceed to the church to walk with Christ through the **Stations of the Cross**, meditating on His sacrifice and love for us.

We encourage everyone to come and bring friends!

Let's walk this Lenten journey together with prayer, community, and service. We look forward to seeing you there!

Financial Update

February Income: \$8501.00

February Budget : \$9916.74