

Lent IS A TIME TO GROW CLOSER TO JESUS

Church of the Sacred Heart

Parish Office / Mailing Address:
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Third Sunday of Lent | 3-23-2025
Fourth Sunday of Lent | 3-30-2025

WELCOME VISITORS! TO SACRED HEART

If you are visiting Sacred Heart for the first time today, we would like to say **WELCOME!** Maybe you've been away for while or just passing through. Either way we would like for you to feel at home here. If you would like to join our Parish family we would be honored to have you as a member. Please feel free to call the Parish office if you have any questions or would like to join the parish. We would like to help in anyway!

OUR MISSION

Sacred Heart parish is a community of Catholic Christian believers, established by the Archdiocese of St. Paul and Minneapolis. We strive to grow in holiness through prayer, celebration of the Eucharist and other sacraments, and reflection on the scriptures. We work hard to build the kingdom of God through evangelization, catechesis and service for all.

SMALL GROUPS

Small Groups are Open to All Adults
The parish small groups continue to welcome new participants, even on a trial basis. For more information on the groups, contact Fr. Matt (fathermatt@stgregorynb.org).

Mondays from 6-7:30pm at the Herberg's

Wednesdays from 10-11:30 a.m. at Rushseba Senior Living Center, Sandy Pelant.

Thursdays from 10-11:30 a.m. at the Parish House, Connie Blomquist & Jan Walz.

1st and 3rd Sunday from 9:30-11:30 in Parish House.

Men's small group, **3rd Saturday** of each month @St. Gregory's from 7:30am-9am.

**IF YOU
HEAR
HIS VOICE,
DO NOT
HARDEN
YOUR
HEARTS.**

PSALM 95

WEEKDAY/WEEKEND MASSES

Sunday 8:30 am
Wednesday 9:00 am
1st Saturday of each month 9:00 am

ADORATION

Every Wednesday after 9:00 am Mass
until Noon

RECONCILIATION

1st Sunday at 8:00 am
After mass on every Wednesday or by
appointment.

PASTOR

Fr. Matt Shireman

DEACON

Kevin Downie

ASSISTING PRIEST

Fr. Chuck Brambilla

PARISH OFFICE

Admin Asst: Marsha Marcussen
Bookkeeper: Mary Felix
mary@stgregorynb.org
Project Asst./Music: Steve Yurick
320-358-4370
shc415@hotmail.com

FAITH FORMATION

Sacred Heart :Tina Heidelberger
763-670-8594
faithformationshc@hotmail.com
Confirmation: Dion Scott
651-674-7382
dion@stgregorynb.org

OFFICE HOURS

Tuesday, Wednesday and Thursday
8:30am. - 12:30 pm.

Liturgy of the Hours

St. Gregory's has recently had a couple of practice sessions on praying a set of prayers known as "The Liturgy of the Hours" (or LOTH for short). A third and final one will be March 30th after the 5 p.m. Mass. Beginning April 5th, a group (including me) will pray Evening Prayer after the 5 p.m. Mass on 1st Saturdays. Deacon Kevin is having parishioners download the prayers on the "IBreviary TS Plus" app, which is available in your app store. Sacred Heart will have their training on Sunday, April 27th after the 8:30 a.m. Mass. Morning Prayer will be prayed at Sacred Heart, also on 1st Saturdays, at 8:45 a.m. (before the 9 a.m. Mass) starting on May 3rd. I also plan on having the staff pray LOTH at an upcoming staff meeting. Prior to this spring, we have mostly used Morning Prayer in lieu of daily Mass on Holy Thursday, Good Friday, and Holy Saturday.

In this past June 30th's bulletin, as we were about to begin Year 2 of the Synod Implementation on the Mass, I wrote about how one of the goals for this year was to have more parishioners praying the LOTH with some regularity. Deacon Kevin also stressed in a recent homily at St. Gregory's of the goodness and benefit for lay people to pray LOTH. Sometimes called the breviary, LOTH is a long-standing Catholic practice of public liturgy that finds its root in Jewish synagogue practice at the time of Jesus (in fact, Jesus would have prayed the psalms at Morning and Evening prayer). Pope Francis as well as all bishops, priests, deacons, and religious sisters and brothers are required to pray the Psalms (with a few other readings) several times a day (as many as 7 times a day, each of which takes 5 to 15 minutes). Lay people who pray LOTH are deeply united to the priests, deacons, religious sisters, and religious brothers.

I encourage all parishioners to try praying one of the LOTH—the best options being Morning Prayer, Evening Prayer, or Night Prayer. The availability of apps has made the process much easier and cost effective than having a 4-volume book set with many ribbons serving as bookmarks. If you are able to make it to one of the public prayings of LOTH, then that will aid a lot in understanding how the hours are prayed. If you don't like LOTH, you are not bound to pray it. However, you may find a new favorite way to pray, which can be life-changing!

Fr. Matt Shireman



"Prayers for the sick"

Lord, look upon me with eyes of mercy, may your healing hand rest upon me, may your life-giving powers flow into every cell of my body and into the depths of my soul, cleansing, purifying, restoring me to wholeness and strength for service in your Kingdom and especially for.....

Pat Mihm, Audrey Larson, Kim Wall, David Kirchberg, Carole Stenger, Connie Blomquist, Janet Yurick, Grace Schwaab, Judy Strandmark, Sue Roth, Gerald Mollberg, Erin Hestbeck-Mielke, Amy Granlund, Cheryl Gebhart-Trempe, Marianne Schmitz, Heidi Blatz, Gary Frazier, Shelly Repke, Betty Anderson Schlipp, Dorothy Kliegle, Jim Brenna, Jody Kliegle, Ken Kirchberg, Umbreit Family, Margery Steininger, Violet Pearson, Dick Johnson, Lorraine Holcomb. Amen!

PRAYER REQUESTS

If you or a loved one are ill in any way and would like to have your name included in the Sunday Prayers of the Faithful, contact the Parish office. Also, any prayer request or needs can be written in our Parish Intercessory Book in the back of church at any time.

COMMUNION VISITS

Are you or someone you know homebound and desiring to receive Holy Communion? Or in need of Confession or the Anointing of the Sick (which is not just for people who are actively dying)? Let the Church come to you! To set a time that works for you, please contact the parish office.

Mass Intentions

Wednesday, March 26th

9:00 am †Patricia Caza

Sunday, March 30th

8:30 am †Mark Stenger & Michelle Stenger

Wednesday, April 2nd

9:00 am †Frank Deusch

First Saturday, April 5th

9:00 am †Parishioners of SH

Sunday, April 6th

8:30 am †Elsie Moore



Parish/Community News

Catholic Watchmen meets at 7 p.m. on first Thursdays at St. Gregory's. The April 3rd will be in the St. Gregory's parish hall. All men of Sacred Heart and St. Gregory's are welcome.

Fellowship & Hospitality

A fellowship gathering will be held in Wey hall immediately following Mass on the first Sunday of each month; join us for refreshments, food, community, and conversation after worship. **We are looking for more volunteers to assist with hospitality. If you are interested, please contact the office or sign up in back of church.**



Join us on the **First Saturday** of each month for Mass at 9:00 AM. This is a wonderful opportunity to start your month in prayer, reflection, and community. Whether you're a regular attendee or new to our parish, we welcome you to come together in faith and worship. We look forward to seeing you there!

Join us on the **Last Friday** of each month for a special **Mass at 1:30 pm at Rusheba**. All are welcome to attend and partake in this peaceful and reflective gathering. Whether you're a regular attendee or new to the community, we invite you to share in this time of worship and fellowship. **The Mass will be on March 28th.**



Sisters of Sacred Heart meet every 3rd Thursday of each month. All women of Sacred Heart are invited and encouraged to join in the meetings, they are held in Wey Hall at 6:30pm.

MARIAN PILGRIMAGE TO WISCONSIN

Join Fr. Matt on a parish pilgrimage to 3 holy sites in Wisconsin August 6-8. The trip involves a 2-night stay in Appleton, WI, and daytime visits to Our Lady of Champion, Holy Hill Basilica, and Shrine of Our Lady of Guadalupe. The approximate cost is \$520 for someone in a single room, or \$410 for someone in a double room. Spots are limited due to bus capacity. Call Marsha in the Parish Office to sign up: 320-358-4370.

Update on Seminarian Jacob O.

Many of you know seminarian Jacob O. (his family lives in Harris), who is studying for the Archdiocese of St. Paul & Minneapolis. On Monday February 10th, Jacob and 13 of his classmates were installed as Lectors by Bishop Austin Vetter of the Diocese of Helena. This is a significant step on his path to ordination (God-willing) to priesthood. Please keep Jacob and all seminarians in your prayers.



Tea Party Fundraiser!

May 3rd at 11am.

Tea Will be served with four courses of delicacies.

\$45 per ticket | \$20 per child 12 & under

Saint John's Lutheran Church, 31075 Genesis Ave, Stacy, MN 55079 |

Buy tickets by April 26th | online: pregotionsfriends.org/events

| email: into@pregotions.org | Phone: 651-674-2121

YOUTH MINISTRY & FAITH FORMATION

UPCOMING DOC CLASS

The next DOC class for Year 1 & 2 Confirmands is on Sunday, March 23 at 5:30pm at St. Gregory the Great Church.

FRIDAY FUN NIGHT - GRADES 6-8

The next Friday Fun Night for youth in grades 6-8 will be at St. Gregory the Great Church on March 28, 2025 from 6:00pm - 9:30pm. Permission forms are available online at www.stgregorynb.org under the Youth Ministry tab.

Join us at
Sacred Heart Catholic Church



SOUP SUPPERS + STATIONS OF THE CROSS
weekly, on Fridays



Freewill offering!

Lenten Suppers Start March 7th and go until April 11th.
Stations of the Cross start at 7:00 pm.

425 S. Frandsen Avenue, Rush City, MN 55069 320.358.4370

Join us at 6:00pm For Soup Supper

As we journey through this holy season of Lent, we invite you to join us for our **Lenten Soup Suppers**, followed by the **Stations of the Cross**—a time of fellowship, reflection, and prayer as we prepare our hearts for Easter.

Each **Friday**, we will gather to share a warm bowl of soup, embracing the Lenten call to simplicity, prayer, and community. After supper, we will proceed to the church to walk with Christ through the **Stations of the Cross**, meditating on His sacrifice and love for us.

We encourage everyone to come and bring friends!

Let's walk this Lenten journey together with prayer, community, and service. We look forward to seeing you there!



Learn to pray the "**Liturgy of the Hours**" - the prayer of the church, using your cell phone. The morning prayer (**Lauds**) or evening prayer (**Vespers**) take 10-15 minutes.

Bring your phones after Mass for set-up April 27. Come join us!

Many of us carry our cell phones and by learning how to pray in this way, we will have this resource available to be praying with our church!

- No memorization necessary. No books to buy.
- Learn a new prayer for Easter, and for life! Easy to learn.
- Sacred Heart's Synod Year 2 priority on Mass and Eucharist.
- Pray **Liturgy of the Hours** with the Universal Catholic Church anytime or anywhere.

Ibreviary.org



Fr. Matt



†JOSEPH MOORE

May his soul and the souls of all the faithful departed, through the mercy of God, Rest in Peace. Amen.