



Church of the Sacred Heart

The Mother Church of East Central Minnesota

Parish Office / Mailing Address:

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The Most Holy Trinity | 6-15-2025

The Most Holy Body & Blood of Christ | 6-22-2025

WELCOME VISITORS! TO SACRED HEART

If you are visiting Sacred Heart for the first time today, we would like to say **WELCOME!** Maybe you've been away for while or just passing through. Either way we would like for you to feel at home here. If you would like to join our Parish family we would be honored to have you as a member. Please feel free to call the Parish office if you have any questions or would like to join the parish. We would like to help in anyway!

OUR MISSION

Sacred Heart parish is a community of Catholic Christian believers, established by the Archdiocese of St. Paul and Minneapolis. We strive to grow in holiness through prayer, celebration of the Eucharist and other sacraments, and reflection on the scriptures. We work hard to build the kingdom of God through evangelization, catechesis and service for all.

SMALL GROUPS

Small Groups are Open to All Adults
The parish small groups continue to welcome new participants, even on a trial basis. For more information on the groups, contact Fr. Matt (fathermatt@stgregorynb.org).

Mondays from 6-7:30pm at the Herberg's—**We're off for the summer—back in the Fall!**

Wednesdays from 10-11:30 a.m. at Rushseba Senior Living Center, Sandy Pelant.

Thursdays from 10-11:30 a.m. at the Parish House, Connie Blomquist & Jan Walz.

1st and 3rd Sunday from 9:30-11:30 in Parish House. **We're off for the summer—back in the Fall!**

Men's small group, **3rd Saturday** of each month @St. Gregory's from 7:30am-9am.

The
POWER
and
PRESENCE
of Christ

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WEEKDAY/WEEKEND MASSES

Sunday 8:30 am

Wednesday 9:00 am

1st Saturday of each month 9:00 am

ADORATION

Every Wednesday after 9:00 am Mass
until Noon

RECONCILIATION

1st Sunday at 8:00 am

After mass on every Wednesday or by
appointment.

PASTOR

Fr. Matt Shireman

DEACON

Kevin Downie

ASSISTING PRIEST

Fr. Chuck Brambilla

PARISH OFFICE

Admin Asst: Marsha Marcussen

Bookkeeper: Mary Felix

mary@stgregorynb.org

Project Asst./Music: Steve Yurick

320-358-4370

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FAITH FORMATION

Sacred Heart :Tina Heidelberger

763-670-8594

faithformationshc@hotmail.com

Confirmation: Dion Scott

651-674-7382

dion@stgregorynb.org

OFFICE HOURS

Tuesday, Wednesday and Thursday
8:30am. - 12:30 pm.

"Eucharistic Procession (June 22nd)"

Pentecost Sunday (June 8th this year) marked the official end of the Easter season in 2025 (you may not know that Pope Francis made the Monday after a memorial called Mary, Mother of the Church—a quasi-extra day of Pentecost). However, we will go a few weeks before you see the clergy and servers wearing green at a Sunday Mass. The Sunday after Pentecost is the Most Holy Trinity (white is worn)—the greatest truth of our Christian faith. On the 2nd Sunday after Pentecost (June 22nd), we will don white as we celebrate Corpus Christi Sunday (also known as the Most Holy Body and Blood of Jesus); more on that below. June 29th is always the Solemnity of Saints Peter and Paul, which also happens to be the patronal feast of the Archdiocese. This year it falls on a Sunday, so the readings and prayers for it trump the normal Ordinary Time Mass throughout the world. You will see the ministers wearing red that day.

Our parishes have a history of doing Corpus Christi processions, although those were discontinued in recent years. As I have mentioned in bulletin articles in the past year, we are bringing back the tradition of Corpus Christi processions in honor of the Synod Year 2's focus on the Mass. At the end of both the 5 p.m. Vigil Mass at St. Gregory's and the 8:30 a.m. Mass at Sacred Heart, we will transition into a Eucharistic procession. For those who have been to Holy Thursday Mass, the procession will be similar to that one, although we will go outside if the weather permits (please pray for good weather!). We are essentially "going around the block"—walking approximately 4 blocks.

Eucharistic processions provide a good and visible public witness to our faith. I have experienced ones at the University of St. Thomas as well as last year's Memorial Day Eucharistic procession with 7,000 people on Summit Avenue in St. Paul. In a Eucharistic procession, it is literally Jesus passing through the midst of the crowds and blessing them as He goes. The fact that we are processing and singing as a community makes it a rewarding experience for everyone. Another fruit of a Eucharistic procession is that it grows our own faith.

I look forward to seeing many of you at the Eucharistic processions on the weekend of Corpus Christi and hearing about your experiences.

Fr. Matt



Wedding Banns -First Announcement

The Banns of Marriage are announced for:
Kelly Taffe, daughter of Roman and Carol Taffe,
and

Adam Eye, son of **Jeff Eye (deceased)** and **Tura Eye**,
who intend to be united in the Sacrament of Holy Matrimony

on **Saturday, July 19, 2025**,
at **Sacred Heart Catholic Church**.

Let us keep **Kelly and Adam** in our prayers
as they prepare to enter into this sacred covenant of marriage.



PRAYER list...

"Prayers for the sick"

Lord, look upon me with eyes of mercy, may your healing hand rest upon me, may your life-giving powers flow into every cell of my body and into the depths of my soul, cleansing, purifying, restoring me to wholeness and strength for service in your Kingdom and especially for.....

Pat Mihm, Audrey Larson, Kim Wall, David Kirckberg, Carole Stenger, Connie Blomquist, Janet Yurick, Grace Schwaab, Judy Strandmark, Sue Roth, Gerald Mollberg, Erin Hestbeck-Mielke, Amy Granlund, Cheryl Gebhart-Trempe, Marianne Schmitz, Heidi Blatz, Gary Frazier, Shelly Repke, Betty Anderson Schlipp, Dorothy Kliegle, Jim Brenna, Jody Kliegle, Ken Kirckberg, Umbreit Family, Margery Steininger, Violet Pearson, Dick Johnson, Tori Yurick-Schieber. Amen!

PRAYER REQUESTS

If you or a loved one are ill in any way and would like to have your name included in the Sunday Prayers of the Faithful, contact the Parish office. Also, any prayer request or needs can be written in our Parish Intercessory Book in the back of church at any time.

COMMUNION VISITS

Are you or someone you know homebound and desiring to receive Holy Communion? Or in need of Confession or the Anointing of the Sick (which is not just for people who are actively dying)? Let the Church come to you! To set a time that works for you, please contact the parish office.

Mass Intentions

Wednesday, June 18th

9:00 am †Bernie Sylvester

Sunday, June 22nd

8:30 am † Fr. Ralph Huart

Wednesday, June 25th

9:00 am †Josh Carlson

Friday, June 27th-The Most Sacred Heart of Jesus

7:00 pm † Parishioners of Sacred Heart

Sunday, June 29th

8:30 am Prayers for Elania Herberg

PARISH/COMMUNITY NEWS

MARIAN PILGRIMAGE TO WISCONSIN

Join Fr. Matt for a meaningful parish pilgrimage to three beautiful holy sites in Wisconsin from **August 6–8**. This 3-day trip includes visits to *Our Lady of Champion*, *Holy Hill Basilica*, and the *Shrine of Our Lady of Guadalupe*, with a 2-night stay in *Appleton, WI*. The approximate cost is **\$410 per person for a double room or \$520 for a single room**. **Spots are limited due to bus capacity**. To reserve your place, call the Parish Office at **320-358-4370**. Don't miss this opportunity to travel, pray, and grow in faith with your parish community!



History Books and Graphic Novels: Available The Archdiocese's history books (\$36) and graphic novels (\$16) are now available for purchase in the church office. **Stop by during office hours to get your copy!**

Sisters of Sacred Heart Meeting & Fall Festival Planning



The Sisters of Sacred Heart will hold a combined meeting with the Fall Festival planning on **Thursday, June 19 at 6:30 PM**. During this meeting, we'll be finalizing the menu for the event and beginning preparations.

We are especially in need of volunteers to help gather donations for the raffle, so please come ready to share ideas and offer support. Your time and talents make this event a success each year – thank you!

Check Out Our Mini Church Library!



Hi everyone! Have you noticed the new mini library located by the door in the *vestibule*? It's filled with **Bibles, Christian books, clean reads, and children's books** – something for everyone!

Please feel free to **browse and take whatever you'd like**. No need to check anything out – just enjoy, read, and be blessed! –*Sandy Palent*



Sacred Heart Church invites all to the **9:00 AM First Saturday Mass, preceded by Morning Prayer at 8:45 AM**. Come join us in devotion to the Immaculate Heart of Mary each month. **Fellowship and hospitality are offered after the 9:00 AM Mass on the First Sunday of every month**—everyone is welcome!

Pints with Padres – Summer Series



Our first *Pints with Padres* gathering kicks off **next week**—don't miss it! Join Fr. Matt for an evening of faith, conversation, and community in a relaxed setting.

- ☐ Wednesday, June 18 – The Fort, Rush City
- ☐ Thursday, July 31 – North Folk Winery, Stark
- ☐ Wednesday, August 20 – The Fuse, Harris

Each gathering begins at 6:00 PM, followed by a short talk and Q&A at 6:30 PM, and a social at 7:00 PM. Bring your questions, bring a friend—and enjoy growing in faith together!

YOUNG ADULTS

Young adults (ages 18 to 39) are invited to join the St. Peter's Young Adult Group in Forest Lake. For more information about events or to get on the email list, please visit <https://www.stpeterfl.org/young-adults> or



Did You Know? – June 15, 2025

The Sign of the Cross is a profession of the Trinity.

Every time we make the Sign of the Cross, we proclaim our belief in the Father, Son, and Holy Spirit. It's not just a gesture—it's a prayer and a reminder of our baptism and identity as Christians.

Reflect: *Do I make the Sign of the Cross with intention, or has it become a habit without thought? How can I be more mindful when I call on the Trinity?*



Faith in Action – June 15, 2025

Theme: Unity in Diversity (Inspired by The Most Holy Trinity)

The Trinity is a perfect communion of three Persons in one God—distinct, yet united. In our daily lives, we often encounter differences that can divide rather than unite. God calls us to reflect His unity by building bridges and fostering understanding.

Reflect: Do I seek unity in my family, workplace, or parish community, even when it's uncomfortable? Where might God be calling me to listen more and judge less?



Did You Know? – June 22, 2025

The word “Corpus Christi” means “Body of Christ” in Latin.

This feast celebrates the real presence of Jesus in the Eucharist—Body, Blood, Soul, and Divinity. It's a powerful reminder that Christ is not only with us spiritually, but tangibly, in every Mass.

Reflect: *Do I truly believe Jesus is present in the Eucharist? How does that belief shape the way I participate in Mass?*



Faith in Action – June 22, 2025

Theme: Living Eucharist (Inspired by Corpus Christi)

The Eucharist is not just something we receive—it's something we become. Each time we receive Jesus in the Eucharist, we are called to be Christ in the world: feeding the hungry, loving the outcast, and offering peace.

Reflect: How do I carry Christ into the world after Mass? Is there someone in my life who needs the compassion and presence of Christ through me this week?

