

Church of the Sacred Heart

Parish Office / Mailing Address:

415 West 5th Street PO Box 45, Rush City, MN 55069

Office Phone: 320.358.4370 Fax: 866.779.1580 Wey Hall: 320.358.3145

Email: shc415@hotmail.com Website: sacredheartrcmn.org

Third Sunday in Ordinary Time | 1-25-2026

Fourth Sunday in Ordinary Time | 2-1-2026

WELCOME VISITORS! TO SACRED HEART

If you are visiting Sacred Heart for the first time today, we would like to say **WELCOME!** Maybe you've been away for a while or just passing through. Either way we would like for you to feel at home here. If you would like to join our Parish family we would be honored to have you as a member. Please feel free to call the Parish office if you have any questions or would like to join the parish. We would like to help in anyway!

Sunday/Daily Masses. Reconciliation

Sunday 8:30 am

Wednesday 9:00 am

1st Saturday of each month 9:00 am

Weekend Mass @ St. Gregory's -

North Branch

Saturday 5:00 pm

Sunday 10:30 am

ADORATION

Every Wednesday after 9:00 am Mass until Noon

PASTOR

Fr. Matt Shireman

DEACON

Kevin Downie

ASSISTING PRIEST

Fr. Chuck Brambilla

PARISH OFFICE

Admin Asst: Marsha Marcussen

Bookkeeper: Mary Felix mary@stgregorynb.org

Project Asst./Music: Steve Yurick

FAITH FORMATION

Sacred Heart :Tina Heidelberg

763-670-8594

tina.joeheidelberg@gmail.com

Confirmation: Danielle Miller

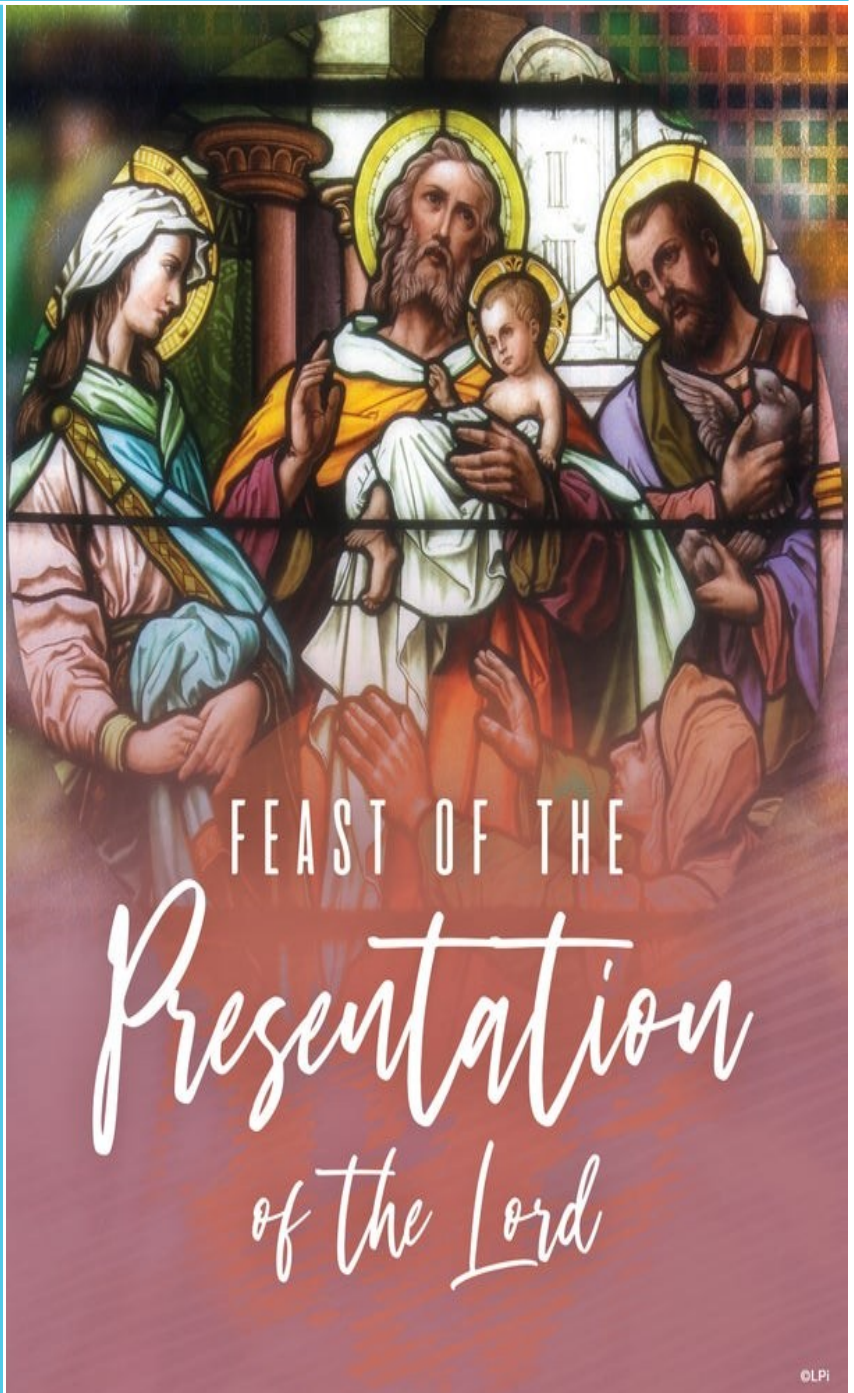
651-674-7382

danielle@stgregorynb.org

OFFICE HOURS

Tuesday, Wednesday and Thursday

8:30am. - 12:30 pm.



Combining Bulletins on February 8th

The next bulletin will have a new look. It will be a bulletin featuring both Sacred Heart and St. Gregory's parishes. This does not mean that Sacred Heart and St. Gregory's are going to be merged or anything like that. However, due to the fact that both parishes share one full-time priest (me), the entirety of offerings at both parishes are meant to be available for all. Thus, it is common practice to have a combined bulletin when 1 priest serves 2, 3, 4, or even more parishes.

The new bulletin will be a total of six pages. Page 1 will be the standard front cover. There will be one page for information primarily related to Sacred Heart followed by two pages for information primarily for St. Gregory's. Throw in a bulletin article, Synod implementation information, some community events, and a page of advertisements—and you have a full bulletin.

Marsha and Donna have been working together to make this transition be as seamless as possible. They are also using this bulletin change to begin to use a different graphics software, so you may notice some changes in the look.

The hope of the staff and leaders is that this will be a better product for conveying information. In addition, it will help parishioners at each parish to easily know what is being offered at the other parish.

We thank you in advance for your patience and understanding with these modifications.

-Fr. Matt Shireman

Heavenly Father,

In Your boundless love and mercy, we lift up to You all those who are sick, suffering, or burdened in any way—whether in body, mind, or spirit. Grant them comfort in their pain, strength in their weakness, and peace in their hearts. May they feel Your presence and know they are never alone. Through Christ our Lord. Amen.

PRAYERS FOR:

George & Carole Stenger, Pat Mihm, Audrey Larson, Kim Wall, Ken & David Kirchberg, Connie Blomquist, Janet Yurick, Grace Schwaab, Judy Strandmark, Sue Roth, Gerald Mollberg, Erin Hestbeck-Mielke, Amy Granlund, Cheryl Gebhart-Trempe, Marianne Schmitz, Heidi Blatz, Gary Frazier, Shelly Repke, Betty Anderson Schlipp, Dorothy Kliegle, Jim Brenna, Jody Kliegle, Umbreit Family, Margery Steininger, Violet Pearson, Tori Yurick-Schieber, John Urlaub, Al & Mary Petschl, Denise Boyd. Amen!

PRAYER REQUESTS

If you or a loved one are ill in any way and would like to have your name included in the Sunday Prayers of the Faithful, contact the Parish office. Also, any prayer request or needs can be written in our Parish Intercessory Book in the back of church at any time.

COMMUNION VISITS

Are you or someone you know homebound and desiring to receive Holy Communion? Or in need of Confession or the Anointing of the Sick (which is not just for people who are actively dying)? Let the Church come to you! To set a time that works for you, please contact the parish office.

Mass Intentions

Wednesday, January 28th

9:00 am Presiders choice

Sunday, February 1st

8:30 am †Joe & Elsie Moore

Wednesday, February 4th

9:00 am †Brian Erickson

Saturday, February 7th

9:00 am Presiders choice

Sunday, February 8th

8:30 am †George Stenger Sr., George Jr. & Michelle Fisk

Small Groups are Open to All Adults

The parish small groups continue to welcome new participants, even on a trial basis. For more information on the groups, contact Fr. Matt (fathermatt@stgregorynb.org).

Mondays from 6-7:30pm in the Parish House.

Wednesdays from 10-11:30 a.m. at Rushseba Senior Living Center, Sandy Pelant.

Thursdays from 10-11:30 a.m. at the Parish House, Connie Blomquist.

1st and 3rd Sunday from 9:30-11:30 in Parish House.

Men's small group, **3rd Saturday** of each month @ St. Gregory's from 7:30am-9am.

SYNOD-RECLAIMING SUNDAY'S



The "Reclaiming Sunday" initiative for February is "Low-Tech Sundays and Prayer." We like it when others give us their undivided attention. Model that for your household by stowing phones for dinner and Sundays. If conversation doesn't come easily at first for your dinner table, give someone the floor to speak about their interests. If you are going to allow screens on Sundays, set the parameters (e.g. 30-minute limit, not before Mass or after 7 p.m.). Find activities that you can do together that do not involve screens.

PARISH NEWS

2025 Contribution Letters

Your Contribution letters are available in back of church.

Sisters of The Sacred Heart

Please mark your calendars for the Sisters of the Sacred Heart meetings, which are held on each 3rd Thursday's in Wey Hall at 6:30 pm. *The next one will be on February 19th, 2026.*



Catholic Watchmen – Monthly Gathering Men of the parish are invited to join the Catholic Watchmen on the *1st Thursday of every month* for an evening of prayer, fellowship, and strengthening in faith at St. Gregory's. *The next gathering will be on Thursday, February 5th. 4th at 7pm-8pm.* All men are welcome!



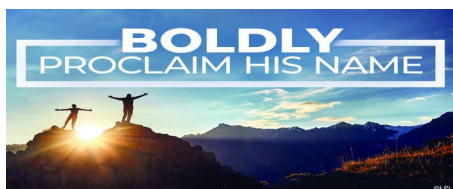
BIBLE STUDY

Join Fr. Matt for Bible Study every Friday at 9:15 AM in the Romero House, 6385 Maple St., North Branch



BAPTISM PREP CLASS

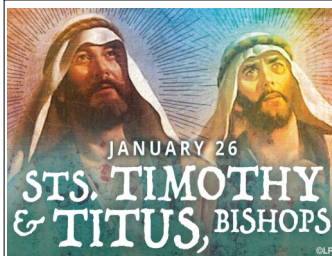
Parents seeking Baptism for their child are required to attend a single Baptism class, which we offer on the second Thursday of each month at the Parish Hall at St. Gregory's, 6:30-7:30pm. Call the Parish Office to sign up.



Faith Formation



All youth in grades 3-12 are invited to a Youth Get-Together and Pizza Party on **Friday, January 30th, from 6:00pm to 9:00pm at the Sacred Heart Parish House**. It will be an evening of food, fellowship and fun for all our young parish members. Permission slips are required and can be picked up in the parish office. For more information, please contact Fr. Matt.

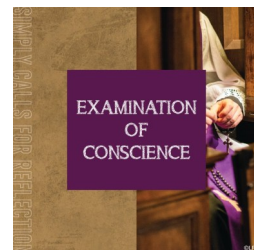


Saints Timothy and Titus | January 26 Saints Timothy and Titus were the closest collaborators of St. Paul and foundational leaders in the early Church. Appointed by Paul as the first bishops of **Ephesus** (Timothy) and **Crete** (Titus), they were entrusted with establishing order and preaching the Gospel to the first generation of Christians.

Through the **laying on of hands**, they received apostolic authority, serving as a vital link between the Apostles and the growing Church. Their legacy lives on in the New Testament through the three **Pastoral Epistles** (1 & 2 Timothy and Titus) addressed to them, which continue to provide the Church with a model for leadership, sound doctrine, and steadfast faith.

Devotions, Explained! Examination of Conscience

Mini Explanation — The practice of examining one's conscience dates to the very beginning of the Christian faith. It simply calls for reflection on one's actions, making note of lapses in judgment that should be confessed in the Sacrament of Reconciliation.



Examination of Conscience, Explained In Paul's First Letter to the Corinthians, the apostle writes that it is imperative for a Christian to reflect on his conscience before he partakes of Holy Eucharist: "Let a man examine himself, and so eat of the bread and drink of the cup" (1 Corinthians 11:28). The practice of examining one's conscience before seeking the Sacrament of Reconciliation thus dates to the very beginning of the Christian faith and was encouraged as a regular practice by many saints and founders of religious orders as a means of growing in virtue.

An examination of conscience, when it relates to the sacrament, simply means reflecting on one's actions (and particularly the intentions behind those actions) since the penitent's last absolution, making note of lapses in judgment that should be confessed. A good basis for this reflection can be the Ten Commandments, the Beatitudes and the seven deadly sins.

Lenten Soup Suppers

Lenten Soup Suppers Begin February 20th:



Our Lenten Soup Suppers will begin on **Friday, February 20th, at 6:00 PM**, followed by **Stations of the Cross at 7:00 PM**. These weekly gatherings offer a meaningful opportunity for fellowship and reflection as a community before we enter the holiest days of our faith.

Sign-up sheets are available in the **back of the church** for each supper date. Please sign up if you are able to **prepare and donate** a pot of soup & bread, and also those attending should sign up.

We look forward to journeying through this season of Lent together.